

What They are Not Telling You! The Mask's Impact on Your Health

By [Laura Ingraham](#), [Dr. Pascal Sacré](#), and [Dr. Russell](#)

[Blaylock](#)

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Region: [USA](#)

Theme: [Media Disinformation](#), [Science and Medicine](#)

*"Masks are considered by governments as a "protection against the transmission of Covid-19". It is better to wear a mask (any mask) than nothing. People are instructed to obey the guidelines of the Ministry of Health. These guidelines are erroneous.", says **Dr. Pascal Sacré***

"They are imposed on population groups which have been traumatized by the fear campaign". Apart from overestimating the benefit of masks, the authorities underestimate its deleterious effects on people's health."



[COVID-19: Continuous Wearing of Mask Aggravates Risk of Infection. "Psychological Terrorism"?](#)

Dr. Pascal Sacré, July 30 , 2020

*"By wearing a mask, the exhaled viruses will not be able to escape and will concentrate in the nasal passages, enter the olfactory nerves and travel into the brain." — **Dr. Russell Blaylock, MD***

"Researchers found that about a third of the workers developed headaches with use of the mask, most had preexisting headaches that were worsened by the mask wearing, and 60% required pain medications for relief. As to the cause of the headaches, while straps and pressure from the mask could be causative, the bulk of the evidence points toward hypoxia and/or hypercapnia as the cause. That is, **a reduction in blood oxygenation (hypoxia) or an elevation in blood CO2 (hypercapnia).**



[Face Masks Pose Serious Risks to the Healthy](#)

By [Dr. Russell Blaylock](#), July 24, 2020

Important report on "Wearing a Mask", entitled "What they're not telling you.

FOX News's **Laura Ingraham**'s report Reveals the Truth.

What the latest science tells us. What about the actual data.

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Articles by: [Laura Ingraham](#),
[Dr. Pascal Sacré](#), and [Dr.
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