

# Ukraine Flu Outbreak: Virus Is a Mixture of H1N1 and Parainfluenza, Causes Cardiopulmonary Failure

Interview with Dr. Victor Bachinsky

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Based on autopsies, we have come to the conclusion: it's not pneumonia, but cardiopulmonary insufficiency and cardiogenic shock... The virus enters directly into the lungs, there is bleeding... Antibiotics should not be used...

*Why do we have such a high mortality rate in the country?*

Because people are going to pharmacies to get medicine instead of going to their doctors to be treated... No it is not pneumonic plague. It's all nonsense... antibiotics do not help... Those with strong immune systems will survive. People with weak immune systems will succumb to the illness... Face Masks provide 30% extra protection. Wearing glasses gives an additional 10% protection, that is 40%, because the virus penetrates the mucose membranes.

*The Head of the Chernivtsi regional forensic bureau, Professor Victor Bachinsky M.D. makes a strong statement: all the victims of the virus in Bukovina (22 persons aged 20 to 40 years) died not from bilateral (double) pneumonia, as previously thought, but as a result of **viral distress syndrome**, i.e. the total destruction of the lungs. We caught up with Professor Bachinsky, to find out how he came to this conclusion, and how people can protect themselves from this disease.*

*Professor, you said earlier that the virus, from which many people have died - is a mixture of types of parainfluenza and influenza A/H1N1. How do you cure this disease?*

The question of how to treat this virus is not up to me. I am a pathologist. I just found out what it is and made an exact diagnosis. It is important to provide the correct treatment based on diagnosis.

There are strict protocols and standards of treatment in medicine. If a doctor treats a patient who dies, their relatives can make a complaint that they were not treated properly (misdiagnosed). The Ministry of Health has set the protocols and standards of treatment for each diagnosis. If diagnosed correctly, the treatment should be correct...

In the Chernivtsi region 18 people have died. We studied all the history and evidence from this disease, preclinical, clinical, resuscitation. When we perform an autopsy organs and tissues have histological studies (cell analysis) and we concluded that it was not pneumonia, and has no relation to pneumonia whatsoever.

These results are the foundation to ensure that doctors who treat this disease all over Ukraine, change their tactics and standards of care.

*Can this new virus be cured?*

It depends on the immune system. If a person's immune system is strong, they will overcome it. There are people who carry this strain of H1N1 and remain on their feet and don't even realise they are sick.

Antibiotics definitely should not be taken. Antibiotics are the reason we have such a high mortality and infection rate in this country, because people go to the pharmacy, describe their symptoms to the pharmacist and ask for drugs. They buy antibiotics, take them, this lowers their immune system and as a result they become sick. If prescriptions were required to buy these medications, like in other countries, this would not have happened. It is the ability to buy antibiotics over the counter without a prescription which has done so much harm to the State.

*During autopsies, what did the lungs look like? Were they really black, which gave rise to so much talk of pulmonary plague?*

No, they are not black... This is not pneumonic plague. It's all nonsense. Pneumonic plague has a very different morphology. We have, for example, 60 thousand people who became sick and 23 have died. With pulmonary plague, we would now have a mortality rate of 59 thousand...

This is a viral attack that destroys the lungs.

*It turns out that not only in Bukovina, but also throughout the Ukraine people did not die from pneumonia, but from this toxic strain?*

Yes, It's not pneumonia! This destruction of the lungs. This strain is very toxic, and if the immune system is weak, there is bleeding in the lungs. In the lungs there is a tiny structure - acinus, which looks like a bunch of grapes. When you breathe, oxygen enters this tiny "bunch of grapes" ( **pulmonary alveoli** ). On the surface of the acinus are the capillaries, where red blood cells saturate with oxygen and give blood, which supplies all tissues and organs in the body.

And once the virus enters the lungs - hemorrhaging begins immediately in the acinus. A continuous hemorrhage... It takes several hours. In the blood fibrin is formed, and from it - giolinovaya membrane, resembling a plastic bag. It envelops the acinus, and the person breathes in oxygen, but it is not transferred to the tissues. And people just gasp. There is a cardio-pulmonary insufficiency and cardiogenic shock. People die of cardiogenic shock. And there is no pneumonia. Pneumonia - an inflammation, which is treated with antibiotics. Antibiotics cannot help at any stage. There should be absolutely different treatment.

*And how about Tamiflu - does it help?*

This is not an antibiotic, it is an antiviral drug, which should be applied on the second or third day of the disease. But you can not use Tamiflu as a preventive, because it is toxic.

*What are the best measures to resist the disease? Is it advisable to use a mask, garlic, vitamin C?*

The primary method of prevention is a face mask. This give 30% extra protection. If you wear glasses [goggles] - it is 40%, because the virus enters through the mucous membranes.

It is necessary to improve the human immune system. Not only now, but in general. Garlic, onions, wild rose, viburnum (guelder rose), raspberries, citrus fruit, honey, and other fruits and vegetables - whatever you want. Those with a strong immune system will survive. Those with weaker immune systems will succumb to the disease.

We have a lot of people in Ukraine who like shopping at the open markets. If we can avoid open markets, the less people will be in contact with each other and more lives will be saved.

*You have contacted the Health Ministry and advised them to review the standards for treatment of patients. What did they say?*

We sent them all our data, the necessary protocols and standards of treatment, our diagnosis. But it is clear that decisions cannot be instantaneous.

*And why until now has nobody else known about this disease? What were the leading specialists in the Ministry of Health doing all this time?*

Perhaps this is due to the fact that there are scientists who are working on a purely theoretical basis. And there are scientists who have seen the autopsy results. I practice as head of the regional forensic bureau and as a professor. The fact that we have established this diagnosis - it is not just to my credit, and this is not my personal opinion. This is the opinion of specialists, morphologists and doctors in Bukovina. There are five professors in our group - I just head the group.

**Professor Victor Bachinsky, M.D.** is a coroner in the Chernivtsi region of Ukraine. He also teaches at the Department of Anatomical Pathology and Forensic Medicine of Bukovynian State Medical Academy.

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