

## Stephen Lendman: Back from the Abyss

By [Stephen Lendman](#)

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Region: [Asia](#), [Middle East & North Africa](#)

Theme: [Crimes against Humanity](#)

In-depth Report: [PALESTINE](#)

### **Global Research wishes all the best, prompt recovery and good health to Stephen Lendman**

*I've been ill and unable to do what I love best for 2 months. Yesterday, August 6, I came home for the first time since hospitalized on June 4.*

*At the time, I posted a brief message on my blog site. I expected a few days of treatment. Then home to resume my writing and media work.*

*Things didn't turn out that way. I owe my friends, colleagues and readers an explanation.*



*Multiple problems developed. One rather serious one. Thankfully they were resolved. But it took time - 2 weeks at Northwestern Memorial Hospital followed by 6 weeks at Warren Barr rehab facility.*

*The experience was life changing. I wondered at times if I'd ever be me again. I still have lots of recovery to go as an outpatient.*

*I worked very hard with good therapy people helping me daily. I'm deeply grateful to them for taking me from a very low point to going home yesterday.*

*It never felt so good to walk through my front door. I began emailing friends and colleagues to explain. More emailing coming.*

*Wonderful responses came. Means so much to this old guy - age 80 in mid-August. Still with so much I want to do - articles, media work and another book or 2 - maybe more as able.*

*I'll slowly get back to what I love best. My health, of course, is top priority. Later this morning I have hours of treatment at Northwestern Mem. Hosp and weekly after that for 2 months followed by monthly treatment for a year.*

*I'm working with wonderful doctors. Some personal friends. They know what I do. They want me back in full swing. Will take time. I'm very patient.*

*Writing et al will come as able. Important not to overdue it. Yet what i love best is therapeutic - for the mind, soul and body. I'm fully committed to return to a much full health as possible - my top priority.*

*My great thanks to everyone now wishing me well. I was offline, unconnected with no email addresses so unable to communicate until now.*

*Physically for a good while I wasn't in good shape enough to do it.*

*Now I'm back. My output won't be my customary 2 articles a day. I'll do what I can as health and strength permits.*

*Words can't explain how wonderful it feels and how deeply grateful i am to be back from a very low point - mostly dependent on others to being near independent again now.*

*I can do things now we otherwise take for granted - my personal hygiene, cooking, laundry, all chores in my apartment, walk on the street with a walker, ride the bus, take a cab down, shop nearby and more.*

*Each day begins with an exercise regimen. It's crucial to my recovery and ability to regain full health and vigor.*

*It gives me the energy to do my daily tasks. A day at a time I hope will make me fully me again - the me I largely took for granted. Never again.*

While absent I couldn't write on vital issues I'd have focused on daily - Israel's genocidal, cold, calculated, premeditated aggression, mass murder and destruction of Gaza.

It was and remains one of history's greatest crimes of war, against humanity, and genocide.

Israel remains unaccountable as always. Cairo talks will achieve nothing for the Palestinians. Israeli agreements when made aren't worth the paper they're written on.

They're systematically and repeatedly violated. Expect nothing different this time.

The Gaza war was much more than against Hamas. It was against millions of Palestinian non-combatant men, women, children, infants, the elderly and infirm. It's genocide writ large.

It's supported by Washington with billions of dollars of annual aid, weapons, Security Council vetoes and more.

The international community yawns and lets Israel get away with unspeakable crimes with impunity.

The pattern repeated large and smaller scale since the 1947-48 war taking a horrific toll on the entire Palestinian population.

Expect more of the same ahead. Expect Palestine's liberating struggle to continue with virtually no help from the international community.

Expect more Israeli initiated mass murder and destruction. Expect multiple daily pre-dawn

Israeli West Bank incursions, terrorizing Palestinian families.

Expect many more political prisoners in Israel's gulag. Expect torture, targeted assassinations and land theft to continue unabated.

Expect justice systematically denied as always. Expect Palestinians largely on their own in their struggle for dignity and proper treatment never afforded.

Expect Israeli crimes of war, against humanity and slow-motion genocide to continue unabated.

Expect Hamas and other resistance groups to be unjustly blamed for repeated Israeli crimes – like premeditated shelling UN refuges, civilian neighborhoods, hospitals, schools, mosques, power and other vital infrastructure and more.

Israel is a lawless, rogue, racist, apartheid terror state – uncountable for horrific crimes repeatedly.

Palestinian suffering is beyond words to explain properly. When will it end? How? No time soon for sure.

How many more Palestinians will die unjustly? How many more will have Israeli shells, bombs and missiles dismember their bodies?

How many more families will lose loved ones? How many more communities will be destroyed? How many more orphaned Palestinian children will be on their own?

How many more parents will lose their offspring, homes and all their possessions?

How much longer will injustice prevail? When, if ever, will Israel be held accountable?

When, if ever, will US tax dollars stop funding Israel's out-of-control killing machine?

Future articles will have much more to say – written as health permits.

And much to say about the war in Ukraine – the democratic freedom fighting struggle against lawless, illegitimate US installed fascism.

Much to say about these and other important issues ahead as health and strength permits.

It's wonderful being back doing what I love best.

**Stephen Lendman** lives in Chicago. He can be reached at [lendmanstephen@sbcglobal.net](mailto:lendmanstephen@sbcglobal.net). His new book as editor and contributor is titled "Flashpoint in Ukraine: US Drive for Hegemony Risks WW III." <http://www.claritypress.com/LendmanIII.html> Visit his blog site at [sjlendman.blogspot.com](http://sjlendman.blogspot.com). Listen to cutting-edge discussions with distinguished guests on the Progressive Radio News Hour on the Progressive Radio Network. It airs three times weekly: live on Sundays at 1PM Central time plus two prerecorded archived programs. <http://www.progressiveradionetwork.com/the-progressive-news-hour>

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