

# Psychiatrist Peter Breggin: Why US Kids Are So Depressed, Suicidal and Homicidal

## Part I

By [Dr. Peter R. Breggin](#) and [Kristina Borjesson](#)

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**Dr Peter Breggin MD** is a lifelong reformer known as “The Conscience of Psychiatry” for his criticism of biological psychiatry and his promotion of more effective, empathic, and ethical forms of psychological, educational, and social approaches to people with emotional suffering and disability. He graduated from Harvard College with Honors and his psychiatric training included a Teaching Fellowship at Harvard Medical School.

Following his training, he became a Full Time Consultant in the U.S. Public Health Service at NIH, assigned to the National Institute of Mental Health. Since then, he has taught at several universities, including Johns Hopkins, George Mason, and the University of Maryland, as well as at the Washington School of Psychiatry.

Dr. Breggin gives his no-holds-barred view of why America’s children are so depressed, suicidal and homicidal.

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