

Normal Human Virome: 2017 Study Finds HIV, Hepatitis and Many Other Viruses Present in People

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*Did you know the normal human virome contains a multitude of different viruses, including many strains of coronavirus? And did you know that some of these viruses sound scary – the type people normally associate with disease – even though the person carrying them may be completely healthy and/or asymptomatic? As discussed in [previous articles](#), the word **virome** (similar to the word microbiome for bacteria) refers to the community of viruses that naturally and usually live within us. Far from causing harm, they form a vital part of our bodies and immune system, existing in symbiosis with us and playing an important role in our healing response. The COVID coronavirus event has exploited people's ignorance over the nature of the virus and the nature of disease. This is an opportunity for us to educate ourselves, to come out of fear, to understand the base assumptions and deceptions behind the COVID propaganda, and to be prepared when the New World Order (NWO) controllers try to pull their next trick in Operation Coronavirus, the [2nd wave](#).*

Introducing ... Your Wonderful Virome

It's high time for us to examine the whole narrative of the **killer virus**. This narrative itself is founded on germ theory, the idea that there are dangerous, infectious pathogens 'out there' which can spread quickly and invade our bodies no matter seemingly what we do. It makes for a good Hollywood movie (*Outbreak* with Dustin Hoffman) or Netflix series (the *Explained* series episode titled [The Next Pandemic](#) with our good friend and NWO frontman [Bill Gates](#)), but is it a good theory to actually describe and predict disease? I would say no, especially when we consider the alternative model of **host theory** or **terrain theory**. [Host/terrain theory](#) emphasizes the importance of the inner terrain or bio terrain – your gut, bloodstream and the environment inside of you. Host/terrain theory teaches that your state of health or disease is dependent upon how well or poorly you develop and maintain your inner terrain. It speaks of the **microbiome** (the community of bacteria inside of you). Many people have heard of the microbiome, but how many have heard of the **virome**? The virome is to viruses just as the microbiome is to bacteria. Both are fundamental to who we are and our state of health. These small companions are present in our body in massive numbers: [the number of bacteria in our body outnumber the 'human' cells in our body at a 10:1 ratio](#), while the virome is estimated to contain [380 trillion viruses](#).

2017 Scientific Study: Normal Human Virome Full of Many Viruses in 42% of Test Subjects

With this in mind, take a close look at this 2017 study entitled [The blood DNA virome in 8,000 humans](#). It found that a staggering 42% of people had all sorts of viruses in them despite being in fine health! Some of these were even viruses we have been taught to fear, such as HIV (Human Immunodeficiency Virus), hepatitis, influenza and herpes. Here is an

excerpt from the abstract:

“The characterization of the blood virome is important for the safety of blood-derived transfusion products, and for the identification of emerging pathogens. We explored non-human sequence data from whole-genome sequencing of blood from 8,240 individuals, none of whom were ascertained for any infectious disease. Viral sequences were extracted from the pool of sequence reads that did not map to the human reference genome. Analyses sifted through close to 1 Petabyte of sequence data and performed 0.5 trillion similarity searches. With a lower bound for identification of 2 viral genomes/100,000 cells, we mapped sequences to 94 different viruses, including sequences from 19 human DNA viruses, proviruses and RNA viruses (herpesviruses, anelloviruses, papillomaviruses, three polyomaviruses, adenovirus, HIV, HTLV, hepatitis B, hepatitis C, parvovirus B19, and influenza virus) in 42% of the study participants. Of possible relevance to transfusion medicine, we identified Merkel cell polyomavirus in 49 individuals, papillomavirus in blood of 13 individuals, parvovirus B19 in 6 individuals, and the presence of herpesvirus 8 in 3 individuals. The presence of DNA sequences from two RNA viruses was unexpected: Hepatitis C virus is revealing of an integration event, while the influenza virus sequence resulted from immunization with a DNA vaccine. Age, sex and ancestry contributed significantly to the prevalence of infection. The remaining 75 viruses mostly reflect extensive contamination of commercial reagents and from the environment. These technical problems represent a major challenge for the identification of novel human pathogens. Increasing availability of human whole-genome sequences will contribute substantial amounts of data on the composition of the normal and pathogenic human blood virome.”

Other Recent Studies on Viruses

Here are some quotes and conclusions of other studies on the virome. This 2019 study entitled [The gut virome: the ‘missing link’ between gut bacteria and host immunity?](#) analyzed the importance of the virome on human immunity:

“Despite its predominance, the virome remains one of the least understood components of the gut microbiota, with appropriate analysis toolkits still in development. Based on its interconnectivity with all living cells, it is clear that the virome cannot be studied in isolation.

The human intestinal microbiome represents one of the most complex ecosystems on Earth and has taken millions of years to coevolve.

DNA and RNA viruses that collectively make up the intestinal virome outnumber bacterial cells by as much as 10:1, and include eukaryotic viruses which infect eukaryotic cells, endogenous retroviruses, bacterial viruses (i.e. bacteriophages) and archaeal viruses that infect archaea.

Diet is an important and constant environmental and lifestyle factor that can influence the gut microbiome, including its viral component.

Transkingdom interactions between virome components and bacteria highlights that there are additional layers of complexity to consider in terms of host-microbial homeostasis.”

This 2019 study [Human Virome and Disease: High-Throughput Sequencing for Virus](#)

[Discovery, Identification of Phage-Bacteria Dysbiosis and Development of Therapeutic Approaches with Emphasis on the Human Gut](#) suggested we intake prebiotics and probiotics to affect our virome:

“Although virome-directed therapeutic research is still in the relatively early stages of development, it has been suggested that directly or indirectly altering the virome may improve health outcomes in disease phenotypes associated with virome perturbations. The use of prebiotics (e.g., inulin and fructooligosaccharides) and probiotics, for instance, may indirectly target the virome since these may potentially affect bacterial membership and function.”

Finally, this 2018 study [The Intestinal Virome and Immunity](#) concluded that viruses can play a beneficial role in human health:

“While we continue to perform essential research into the pathogenic role of viruses and develop antivirals and vaccines, we can no longer ignore the possibility that they function as components of the microbiome. Like bacteria, the effects that viruses have are critically dependent on their tissue location, microenvironment and host. These factors will directly influence whether the virus acts beneficially, detrimentally or remains neutral for the host ... This research will certainly lead to the discovery of novel ways in which viruses interact with the host that we can potentially harness for disease prevention and therapies. It may even be possible to engineer enteric viruses with desirable traits, much like current attempts at administering oncolytic viruses as adjuvants for cancer therapy.”

Final Thoughts

A study of human history shows that it is frequently those who think creatively and originally – outside of the established groupthink – who become the pioneers of new models and technologies which better serve humanity. In one of my previous articles linked to above ([here](#)), I discussed the brilliant German virologist **Dr. Stefan Lanka**, who won a landmark case in the German Supreme Court proving that measles was not a virus. Dr. Andrew Kaufman has made a name for himself during this time of COVID by speaking out strongly against the idea of a killer virus and instead pointing to the evidence that the body makes **exosomes** (tiny particles) which in turn become bacteria and viruses. Kaufman reiterates the research of others, namely that viruses have never been proven to be the cause of COVID or any disease at all! In its essence, the virus is information; RNA encapsulated in a protective lipid or fat layer. As a community of viruses, the virome is, therefore, a sort of library or central database of information, one in which we are very much in our infancy of understanding. My hope is that people can use Operation Coronavirus to wake up, including doing such things as learning about the virome and radically transforming the way they look at viruses and disease. This must be done quickly, before the next wave of fear, hype, propaganda, lockdown, tyranny and array of forced medical interventions by the State. We know it’s coming and we have to act now – while we still can.

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