

Man: The Chemical Ape

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Body burden:

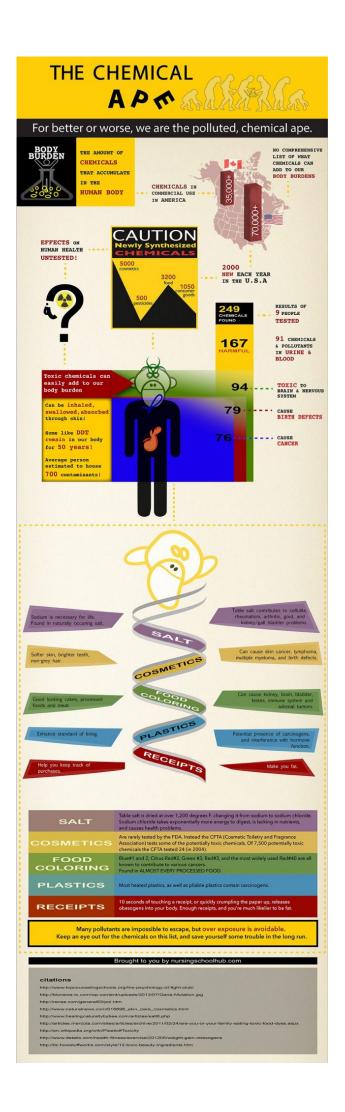
the amount of chemicals that accumulate in the human body.

We're all polluted, but to what extent?

70,000+ chemicals in commercial use in America, 35,000+ in Canada

With 2,000+ newly synthesized chemicals in the U.S. every year.

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Source: NursingSchoolHub.com

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For better or worse, we are the polluted, chemical ape.

Body burden = the amount of chemicals that accumulate in the human body. We're all polluted, but to what extent? 70,000+ chemicals in commercial use in America 35,000+ in Canada

With 2,000+ newly synthesized chemicals in the U.S. every year. By type: [type of product/number of chemicals] Cosmetics:5000 Pesticides: 500 Food: 3,200 Consumer goods: 1,050

Except for in food and drugs, how most of these chemicals affect human health is never tested.

Case Study:

9 people tested
Avg. of 91 chemicals and pollutants in blood and urine
167 chemicals total
76 caused cancer
94 are toxic to the brain or nervous system
79 cause birth defects or abnormal development

Our everyday exposure to chemicals

Case one: Salt

Pros:Sodium is necessary for life. Found in naturally occurring salt. Cons: Table salt contributes to cellulite, rheumatism, arthritis, gout, and kidney/gall bladder problems.

Case two: cosmetics

Pros: Softer skin, brighter teeth, non-grey hair.

Cons: Can cause skin cancer, lymphoma, multiple myeloma, and birth defects.

Case three: Food Coloring

Cons: Can cause kidney, brain, bladder, testes, immune system and adrenal tumors. Pros: Good looking cakes, processed foods, and meat.

Case four: Plastics

Pros:Enhance standard of living.

Cons: Potential presence of carcinogens, and interference with hormone function.

Case five: Receipts

Cons: Make you fat.

Pros: Help you keep track of purchases.

Table salt is dried at over 1,200 degrees F. changing it from sodium to sodium chloride. Sodium chloride takes exponentially more energy to digest, is lacking in nutrients, and causes health problems.

Cosmetics

Are rarely tested by the FDA. Instead the CFTA (Cosmetic Toiletry and Fragrance Association) tests some of the potentially toxic chemicals.

Of 7,500 potentially toxic chemicals

Food Coloring

Blue#1 and 2, Citrus Red#2, Green #3, Red#3, and the most widely used Red#40 are all known to contribute to various cancers.

And are found in ALMOST **EVERY** PROCESSED FOOD.

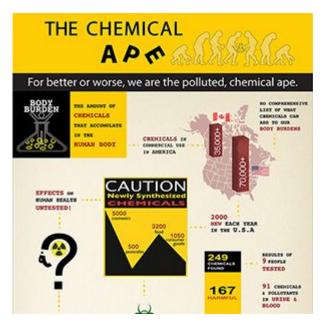
Plastics

Most heated plastics, as well as pliable plastics contain carcinogens.

Receipts

10 seconds of touching a receipt, or quickly crumpling the paper up, releases obesogens into your body. Enough receipts, and you're much likelier to be fat.

Many pollutants are impossible to escape, but over exposure is avoidable. Keep an eye out for the chemicals on this list, and save yourself some trouble in the long run.



[citations]

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