

# How to Detox from the COVID Shot

It's time to spread solutions for COVID shot detox.

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*The COVID shot, COVID jab or COVID fake-vaccine is [not a real vaccine](#), however its grave and sometimes lethal effects are definitely real.*

Databases worldwide are overflowing with reports of COVID vaccine injuries (adverse events) and deaths. As of the time of writing, the US-based VAERS database [shows](#) approximately 915,000 injuries including 20,000 deaths, which according to the 2010 Harvard Pilgram Study is underreported by a factor of 100 [for injuries]. As of the time of writing, the Europe-based EudraVigilance database (which tracks data from the 30 nations of the European Economic Area) [records](#) approximately 2,900,000 injuries including 31,000 deaths following the COVID shot. It would be fair to assume similar underreporting happens there, although it is hard to know for sure.

All the Big Pharma apologists and NWO-funded fact checkers are naturally eager to jump in and claim that this data is all just self-reported and doesn't prove causation, however it doesn't take a genius to see the trends here. Whatever the real stats, the fake-vaccine effects are devastating. However, there is some good news. If you or someone you know has taken the COVID shot, and is experiencing post-vaccine regret, there are some possible ways you can recover. Below is a list of options for COVID shot detox.

## COVID Shot Detox: Self-Made Spike Proteins

Before I begin, I want to make something very clear. We've all been bombarded with the fear narrative of the dreaded spike protein of SARS-CoV-2. This is pure fiction. [SARS-CoV-2 only exists in a digital viral database and is not an actual real-world virus. There is no isolated, real-life SARS-CoV-2 specimen.](#)

Therefore, when I refer to spike proteins below, I am not talking about the spike proteins of an abstract virus. I am talking about the spike proteins your body has been genetically instructed to make (if you took the COVID shot). Remember, the various COVID chemical devices (fake-vaccines) on the market rewire your genes so you make spike proteins (either via mRNA, in the case of Pfizer and Moderna, or via an adenovirus, in the case of

AstraZeneca and Johnson & Johnson). These spike proteins that your body makes then bind to your own ACE2 receptors or cause havoc in numerous other ways. Some of the remedies listed below are to detoxify these self-made spike proteins.

### Chlorine Dioxide (ClO<sub>2</sub>, MMS)

In a recent [interview](#) with Sarah Westall, Dr. Joe Nieuwma, who has a PhD in toxicology, discusses possible ways to detox from the COVID shot. He spends quite a bit of time discussing the merits of chlorine dioxide (chemical abbreviation ClO<sub>2</sub>) which has been marketed by Jim Humble as Miracle Mineral Solution (MMS) for some time. Humble had great success with it helping those with malaria in Africa. Other claims attributed to it are that it can help with Hepatitis A, B and C, herpes, TB, AIDS and cancer. Recently, Dr. Andreas Kalcker has become well known for recommending it to fight COVID itself (whatever you think COVID really is).

Dr. Nieuwma points to a June 2021 study entitled [Inhibition of the Binding of Variants of SARS-CoV-2 Coronavirus Spike Protein to a Human Receptor by Chlorine Dioxide](#) which concluded that ClO<sub>2</sub> could stop the spike protein (from the COVID fake-vaccine) attaching itself to the Angiotensin Converting Enzyme 2 (ACE2) receptors:

“Aim: COVID-19 caused by a new coronavirus, SARS-CoV-2, has become an ongoing worldwide pandemic. A safe and potent virucidal disinfection system is urgently needed to protect the population from the virus. Chlorine Dioxide (ClO<sub>2</sub>) is a powerful disinfectant that is known to inactivate both viruses and bacteria. The aim of this study was to investigate whether chlorine dioxide inhibits the binding of the receptor-binding domain of the Spike protein (S protein) from variant coronavirus (British and South African variants) to human receptor, Angiotensin-Converting Enzyme 2 (ACE2).

Materials and Methods: In vitro experiments to determine binding of the purified receptor-binding domain of spike protein to ACE2 were performed in the presence of various concentrations of chlorine dioxide. Purified spike proteins from the British and South African variants were used. Spike protein coated onto a microtiter plate was treated with chlorine dioxide aqueous solution or chlorine dioxide spray solution.

Result: Binding of variant spike proteins was inhibited in a concentration-dependent manner (50% Inhibitory Concentration (IC<sub>50</sub>) of 7.6 μmol/L and 5.8 μmol/L for the British and the South African variants, respectively).

Conclusion: These findings show that chlorine dioxide aqueous solution can inactivate the binding of the variant spike proteins to the human ACE2 receptor protein, indicating that this strategy may be useful in blocking the transmission of variant SARS-CoV-2 viruses.”

For readers who know little to nothing about ClO<sub>2</sub>, here are some basic facts. ClO<sub>2</sub> is very different to bleach, chlorine compounds or chlorine alone. Chlorine kills by chlorination whereas chlorine dioxide kills by oxidation. That is a huge difference, because chlorination ends up making molecules toxic to the human body. ClO<sub>2</sub> is an oxidizer which draws off electrons from pathogenic molecules, thus weakening and breaking them up; however, it is a weak oxidizer, unlike oxygen (O<sub>2</sub>), ozone (O<sub>3</sub>) and hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) which are strong oxidizers. ClO<sub>2</sub> won't have any effect on strong healthy cells and molecules which are alkaline, but it will tear apart weak acidic molecules. ClO<sub>2</sub> has no byproducts, can be

used as a disinfectant and is effective against spore-forming bacteria like Anthrax. It is also effective against microorganisms hiding inside the biofilm of your body (where other remedies can't reach). The biofilm is a thin layer of bacteria that form inside a sticky slime matrix, usually on surfaces in contact with water. The biofilm protects microorganisms (like listeria), so remedies like ClO<sub>2</sub> are extremely useful for detoxification.

## Suramin

In a May 2021 article entitled [Is This a Possible COVID Vaccine Antidote?](#), I talked about the potential of suramin to inhibit blood coagulation and RNA replication, after Dr. Judy Mikovits had touted suramin as a COVID vaccine detox strategy. After all, the COVID fake-vaccine has become notorious for its blood clotting effects, which in serious cases can lead to stroke and heart attack, and has aptly earned the nickname of the clot shot. Later it appears that Dr. Mikovits has emphasized that suramin does not come from or is not connected to pine needle tincture, which is strange, since the evidence I have seen is that it does. In the above-linked interview, Dr. Nieuwsma points out that suramin is structurally similar to ivermectin. I encourage anyone interested in this to do their own research, however suramin seems to be a very important detox remedy for the COVID shot, since it inhibits and prevents both blood clotting and unwanted DNA/RNA replication, 2 of the worst effects of the jab.

## Black Seed Oil

Black seed oil is another great supplement and natural remedy that can help with COVID shot detox. According to Dr. Nieuwsma, it binds to the spike proteins before they bind to your body's ACE2 receptors. It also prevents inflammation and the dreaded cytokine storms which have been responsible for some horrendous effects of the fake-vaccine.

## Antioxidants

After these 3 supplements, Dr. Nieuwsma lists some others that I believe are more general detoxifiers, rather than substances or remedies specific to the COVID shot. He recommends C60 (carbon 60) to manage oxidative stress and inflammation, which makes sense, since [C60 is known as the strongest antioxidant in the world](#). He recommends glutathione, which is the human body's master antioxidant, capable of preventing cellular damage via reactive oxygen species such as free radicals, peroxides, lipid peroxides and heavy metals. Boosting glutathione is a clear and obvious tactic for detoxification and good health. Some easy ways to do this are to get regular exercise, good sleep, high levels of Vitamin C and D, and to eat foods like sulfurous veggies, avocado, spinach, asparagus, okra, whey protein and turmeric. You can also boost glutathione via supplements like NAC, DMG (dimethylglycine) and milk thistle.

Dr. Nieuwsma also mentions ozone as a COVID shot detox method, but he doesn't elaborate on how to take it, so I encourage readers to do their own research and be careful, because ozone can be dangerous if used in the wrong way. Lastly, let us remember one of the best detox strategies of all, a method which is also free: fasting. Fasting is a way that your body can clean up things it would not normally pay attention to during the process of constant digestion. It is an under-used but very effective way to detoxify virtually anything unwanted from your body.

## Ways to Detox Graphene from the Body

Another good source of information for COVID shot detox is Ricardo Delgado, who is a part of La Quinta Columna, the Spanish research organization that first brought to light in a major way that the fake-vaccine shots contained graphene or graphene oxide. This was later [corroborated by other researchers such as Dr. Robert Young](#). Whitney Webb has rightly challenged Delgado's claim that the vaccine is over 90% graphene, however that is irrelevant to our discussion today. Regardless of the exact percentage of graphene in the shot, it does contain some, and we know that graphene oxide is a superconductor that emits and receives signals. It could be fully or partially responsible for the [COVID vax magnetism phenomenon](#). In this [video](#) (in Spanish but with English subtitles), Delgado proposes 7 natural products which help detox graphene from the body:

1. NAC (N-acetylcysteine)
2. Zinc
3. Astaxanthin
4. Quercetin
5. Vitamin D
6. Milk thistle
7. Melatonin

I will comment briefly on each. NAC is mentioned above in the antioxidant section as a way to boost glutathione. Zinc is an essential mineral that many people are deficient in; it is commonly suggested for colds, flu and detox, and is particularly important for men to build testosterone. Astaxanthin is an algae superfood which I take personally and which I highly recommend; it also helps with immunity, energy, stamina, eye health, joint health and skin health. Quercetin is a well-known antioxidant and detox agent. I mentioned Vitamin D and milk thistle above, and finally, melatonin (the sleep hormone) is known to stimulate glutathione production, as this [study](#) found.

I would also encourage vaccinated-damaged individuals to experiment with safe and trusted detoxifiers such as zeolite, clay, boron and epsom salts, many of which can be used topically and internally.

### Final Thoughts on COVID Shot Detox

The products listed in this article are meant as a starting place for your research. As always, conduct your own due diligence and check anything out thoroughly before putting it in your body. For those with post-vaccine regret, the good news is that the human body is capable of amazing healing and regeneration, however you need to stop poisoning it and to give it what it needs. As humanity continues its awakening journey, there will be many who didn't see through the COVID scamdemic propaganda at first, but who later caught gist of it, a couple of shots later. My hope is that those people can recover their health and that we can reach as many people as possible with this information before people succumb to fake vaccine-induced "adverse events," injuries and death.

As a final comment, I will note that this article does not specifically address how to get nanotechnology out of your body - whether it's [self-aware fibers](#), [self-propelling critters](#), [machine-like discs](#) or any of the other weird things which people have found. In pre-COVID times, Clifford Carnicom and Tony Pantelleresco have done good work in this area, which Morgellons' sufferers have found useful. If you know of any solutions here, please leave your ideas in the comments below.

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