

# High School “Died Suddenly”: 14-19 Year Olds Dying Suddenly

14 more sudden deaths in the past month (April 2023)

By [Dr. William Makis](#)

Theme: [Science and Medicine](#)

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**Alexandria, VA - 16 year old Alexandria City High School student Yonatan Vazquez Mendez died in his sleep on May 2, 2023 ([click here](#))**



**Norton Shores, MI - 15 year old Alia Zuidema, grade 9 student at Western Michigan Christian High died suddenly of pulmonary embolism on April 30, 2023 ([click here](#))**



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Next up I'm out meet the 2023 Warriors we have Alia Zuidema! 🌐  
🏆🏆 Name: Alia Zuidema  
Grade: 9th  
Position: Midfield (either holding or attacking)  
Favorite Movie: Wonder  
Favorite Verse: Joshua 1:9  
Hidden Talent or Unique Fact: I only like frosting

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Alia Zuidema Obituary News; Death - Cause of Death: According to an online obituary on Sunday, April 30, 2023, Alia Zuidema has passed away unexpectedly from pulmonary embolism. Alia was a student of Western Mi Christian High School in Muskegon, MI. Words fall short of expressing our grief for your loss, as we mourn with family and friends for this great loss....



BRETTBARLEY.COM  
**Alia Zuidema, Western Mi Christian High School Student Passes Away**

**UK - 19 year old Durham University first year student Rhea Hourigan was visiting her aunt in Paris where she died suddenly in the shower from a “mystery cardiac arrest” on April 29, 2023 ([click here](#))**



She had spent the day travelling on an electric bike through the French capital (  Image: Facebook)



The Birmingham teen, left, had spent the day travelling in Paris (  Image: Facebook)

**The cause of the cardiac arrest remains unknown.** Rhea is not known to have suffered any medical conditions and there was no known history of heart failure in the family.

**Apore, Brazil - 16 year old soccer player Victor Eduardo died after suffering a “sudden illness” on April 28, 2023 ([click here](#))**



**Brazil - 15 year old High School student Maria Eduarda da Silva Paz, student at Pedro Stelmachuk State College suffered a cardiac arrest at school and died on April 28, 2023 ([click here](#))**

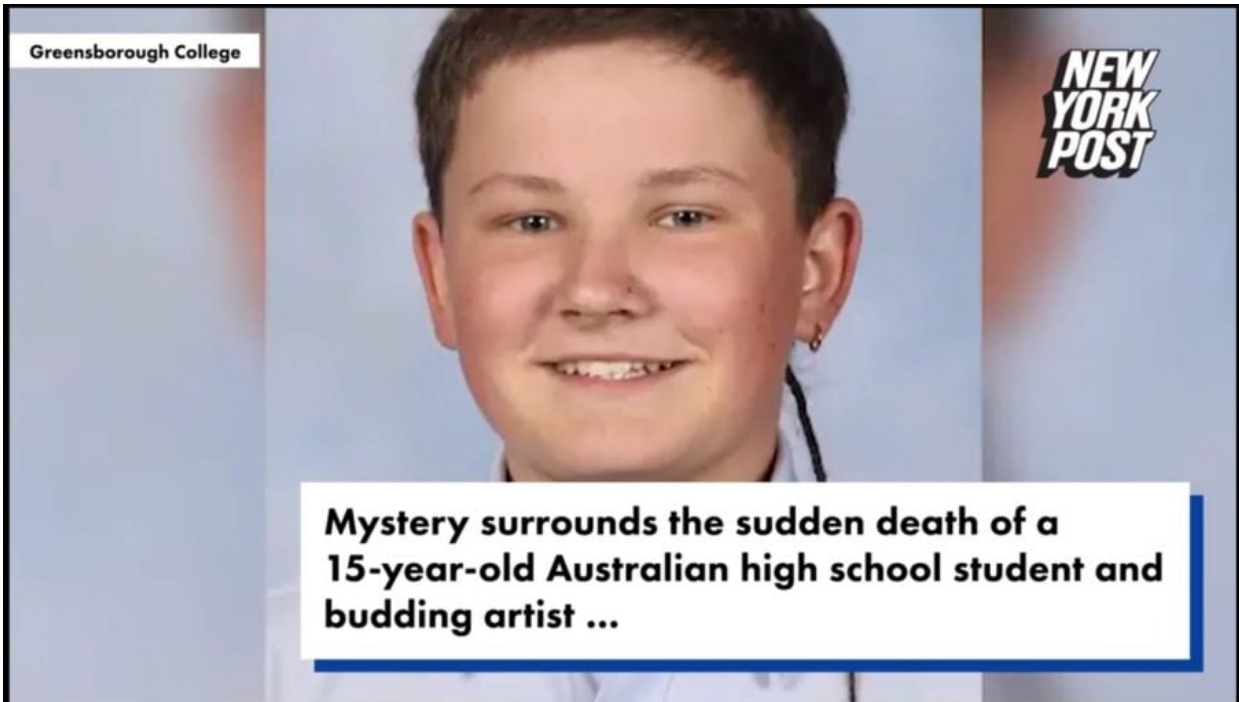


**UK - 14 year old soccer talent Teddy Disson-Meade died suddenly on April 25, 2023 of unknown causes ([click here](#))**



**Record-breaking 18 year old powerlifter Laura Delava died from myocarditis on April 24, 2023 ([click here](#))**

**Australia - 15 year old Balin Menzies died suddenly in his sleep on April 21, 2023 ([click here](#))**



Bogota, Colombia - 17 year old cyclist Juan Jose Ortega died 3km from race finish after suffering a “cardiac event” on April 19, 2023 ([click here](#))



Philadelphia, PA - 16 year old Kensington High School student Kyle W.Limper died suddenly a day after Turbo cancer Leukemia diagnosis, on April 13, 2023 ([click here](#))



Shrewsbury, UK - 18 year old Aimee Singleton died suddenly from blood clots on April 2, 2023, after waking up with leg pain, then had 6 cardiac arrests ([click here](#))





Teenager Aimee Singleton who died last week

Aimee Singleton is thought to have died from a blood clot after waking up just before 6am last Sunday, April 2 suffering with pain on one of her legs.

After collapsing in the family bathroom, the teenager was rushed to Royal Shrewsbury Hospital where after suffering six cardiac arrests, she was pronounced dead at lunchtime.

**Wallaceburg, ON - 14 year old Rhyann Cassandra Van Damme died unexpectedly on April 1, 2023 ([click here](#))**



**Rhyann Cassandra Van Damme**

November 18, 2008 - April 1, 2023

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It is with great sadness and heavy hearts we announce our beautiful sweet Rhyann **has passed away unexpectedly on April 1st 2023**

**Rhyann Cassandra**, born on November 18, 2008 was the loving daughter to Chad and Alisa Van Damme. Best big sister to Olivia and Owen. Cherished granddaughter to Albert and Lynda Van Damme, Margaret Ann Wright (predeceased Papa Bill) Niece to Nicole Van Damme Wood and Stuart Wood, Sandy and Chris McPhail and Aaron Wright. Rhyann was the most loving big cousin to Cameron and Addison McPhail and Aubrey and Bryson Wright. She was the great granddaughter to Norma Elliott.

Rhyann was so outgoing and loved being a Highschool student at WDSS. She made friends everywhere she went. Rhyann loved figure skating, hanging out with her friends, watching hockey games, camping with all of her camping family and shopping!

She is resting at the **Eric F. Nicholls Funeral Home**, 639 Elgin St. Wallaceburg.

A private family mass and cremation will take place.

To honor Rhyann donations can be made to ALC Mission

**Rawtenstall, UK - 16 year old All Saints' Roman Catholic High School student Isabel Kate Connolly-Wellock died suddenly after "short illness on March 31, 2023**

[\(click here\)](#)



📍 Isabel Kate Connolly-Wellock has died aged 16 (Image: All Saints' RC High School)

School and family say the 16-year-old was 'an extremely popular and well liked pupil'. The statement reads: "**Isabel Kate Connolly-Wellock died after a short period of illness on Friday, March 31 in the Royal Blackburn hospital, aged 16 years.**"

### **My Take...**

Died in their sleep, cardiac arrest at school, 6 cardiac arrests, cardiac arrest while cycling, cardiac arrest in the shower, short illness, sudden illness, unknown cause, myocarditis, pulmonary embolism, turbo cancer.

Sound familiar? This is our new post COVID-19 mRNA vaccine era normal.

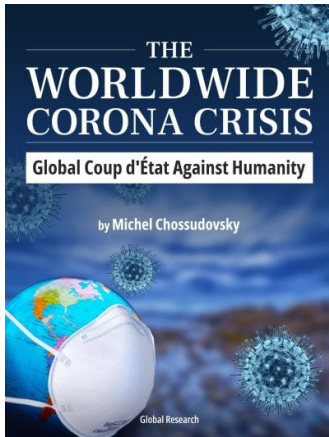
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**Dr. William Makis** is a Canadian physician with expertise in Radiology, Oncology and Immunology. Governor General's Medal, University of Toronto Scholar. Author of 100+ peer-reviewed medical publications.

Featured image is from [LifeSiteNews](#)

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