

Fear... Again and Always Fear. “Prepare Ourselves for a Fourth Wave”

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“Errare humanum est, perseverare diabolicum

This means: “To err is human, to persevere (in one’s error) is diabolic”, a sentence attributed to the Greek philosopher Seneca.

When observing the behavior of our governments, especially in Belgium, this sentence immediately comes to mind.

Whether in Belgium, France, Quebec, Canada, the countries most obsessed with the certainty that only an RNA/DNA injection considered as a vaccination can save the population from SARS-CoV-2 and its variants, we always find the same anti-COVID pattern:

- **Fear**
- **Guilt**
- **Certainty of being right**

What is happening here is exactly what is happening in France, in Quebec, in Canada and in all the countries that only have this RNA/DNA injection as a solution to get out of the crisis to propose to their population.

Here, the ministers and specialists are called Frank Vandenbroucke (Minister of Health), Elio Di Rupo (Walloon Minister-President), Marc Van Ranst, Emmanuel André (virologists advising the government), as in Quebec there is François Legault (Prime Minister), in Canada, Justin Trudeau (Prime Minister), or in France, Jean Castex (Prime Minister) and Olivier Véran (Minister of Health).

Only the faces and mimics change, otherwise, it’s the same, the same words, the same behavior, the same instructions:

1. **Keep your distance**
2. **Put on masks**
3. **Vaccinate yourself**
4. **Be afraid**

In a Belgian newspaper of October 21, Mr. Vandembroucke invites us to “prepare ourselves to face the fourth wave” [1].

In this editorial they ask: “Is Belgium ready for a fourth wave? [2].

As for Elio Di Rupo, he gets angry and insists on the need to be vaccinated because for him, “to die free is to die” [3].

It must be said that the third dose of vaccine does not attract the crowds in our country [4].

Since April 2020, our “specialists” have been following in the footsteps of those in power, when they have not preceded them, to warn us, to tell us that it is far from over, to keep the fire under the pan and to keep us in fear of these viruses, which are decidedly tenacious.

Other specialists, clinical doctors remind us in a deafening media silence that fear is very deleterious for the immune system.

Fear paralyzes our white blood cells and hinders our adaptive immune responses.

These are the ones that the RNA/DNA injections hastily called vaccines are supposed to stimulate.

Stimulate on one side, hinder on the other.

Psycho-neuro-endocrino-immunology or PNEI, a medical specialty in exponential development, has long been studying the interactions between the nervous, endocrine (hormones) and immune systems and emphasizes the profound reciprocal influences between these fundamental systems of the human body [5].

Numerous studies demonstrate that chronic stress can suppress adequate immune responses and/or aggravate inadequate, excessive immune responses [6].

The severe forms of COVID are precisely characterized by an excessive immune response, up to the point of a devastating cytokine storm for our organs.

Since March 2020, for 19 months, our governments and their advisors, relayed by our journalists, have been stressing and have decided only these weapons to transmit a message to the populations: fear, threat, warning.

They use and abuse stress, which has become chronic, permanent and endless, and is much more deleterious to our immunity than the virus itself [7-8-9-10].

After 19 months, it is certain that these government officials, scientific advisors and journalists will not change, and that unless they are replaced by more competent and knowledgeable people, we are condemned to endure their distressing forecasts and their compulsive mantra: “vaccinate yourself”, for a long time to come.

Don't they think, after such a large percentage of the Belgian population has been injected with their products (more than 80%), that they might have been wrong after all?

Can't they even consider that this compulsion for “vaccination” [11] is the origin of the problem, via the selection of more aggressive variants and the facilitation of infection by antibodies [12]?

The people, the peoples, have a right to something other than these anxious and repetitive speeches today.

After 19 months, other ways must be considered and people have the right to know that there are other ways, as many doctors are saying despite the censorship, despite the dangers, despite the threats of death or of losing their jobs.

The truth is priceless and always finds its way.

The treatment for COVID, even if it is serious, exists and is called **ivermectin**.

Taking ivermectin would prevent the outbreak of symptomatic forms and would strongly decrease the evolution towards severe forms, which would relieve hospitals and intensive care units.

For some “unknown” reason, it is not “allowed” to be discussed.

“For example, Wikipedia cannot mention the peer-reviewed meta-analyses of Dr. Tess Lawrie or Dr. Pierre Kory published in the American Journal of Therapeutics. Wikipedia is not allowed to publish the recent meta-analysis on ivermectin written by Dr. Andrew Hill. **Also, it is not allowed to say anything about ivmmeta showing the 61 studies involving 23,000 patients that show up to 96% reduction in deaths [prophylaxis] with ivermectin.**” [13]

We are not allowed to explain to people how ivermectin has contained the COVID pandemic in India or Africa.

The serious scientific literature supports these claims, here is a sample:

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<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8354804/>

Considering the urgency of the ongoing COVID-19 pandemic, simultaneous detection of various new mutant strains and future potential re-emergence of novel coronaviruses, repurposing of approved drugs such as ivermectin may merit special attention.

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<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8203399/>

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<https://pubmed.ncbi.nlm.nih.gov/32533071/>

L'ivermectine comme traitement potentiel contre la COVID-19

(L'ivermectine comme traitement potentiel contre la COVID-19)

<https://pubmed.ncbi.nlm.nih.gov/34061842/>

Breast Cancer:

https://journals.lww.com/.../use_of_the_anti_parasitic...

If we are afraid of ivermectin for some imaginary danger, then we should really be afraid of penicillin and aspirin.

And paracetamol, even more so!

Those who are afraid of ivermectin, then run away from paracetamol!

Since the beginning of its prescription in humans (1980s), with 4 billion human prescriptions to its credit, ivermectin has saved the lives of hundreds of millions of people!

Ivermectin has never killed anyone, unlike penicillin, aspirin, or paracetamol: anaphylactic shock, hemorrhagic shock, and severe liver failure threaten you if you take penicillin, aspirin or paracetamol.

With ivermectin?

Almost nothing, no danger.

Yes, you can be cured in two days of COVID, that's my clinical experience in the field.

I know a young man who was hospitalized with a 100% oxygen mask. He was about to be intubated and transferred to the ICU.

After two doses of oral ivermectin, he was weaned off the oxygen and could go home.

I know of dozens of cases in which the severe-looking COVID improved without the need for hospitalization after taking 2 to 5 doses of ivermectin (12 mg per oral dose).

What about glutathione?

It is the king of antioxidants [14]. 81,000 scientific articles support its role as a protector of the body, in particular of immunity.

What are our governments waiting for, since they think they are our general practitioners, and these advisors and experts to push us to take glutathione, especially in anticipation of

waves and winter?

Especially since researchers have shown that the experimental RNA/DNA products called “anti-COVID vaccines”, which are now being discouraged by the creator of this technology [15], cause major oxidative stress with accelerated cellular aging, especially of immune cells [16].

Boosting our glutathione reserves should be our priority, rather than blocking its production by taking paracetamol!

We should take 1 Gr of glutathione per day, in two doses and in gastro-resistant capsules, or liposomal glutathione in combination with liposomal vitamin C.

It is time to awaken the doctor in all of us [17], like the Greeks of old who worshipped Aeneas, the sister of Panacea and daughter of Aesculapius, the god of medicine.

Aeneas whispered in everyone’s ear the common sense advice to stay healthy: rest, hygiene of life, good food, cleanliness, nature, meditation, use of plants and natural medicine.

However, it is an intensivist doctor, an anesthesiologist specialized in all kinds of techniques and medicines that pushes you in this direction.

Leave the path advised by our governments, their advisors and their journalists: the path of fear, vaccine obsession, social isolation, under-breathing and endless stress.

You deserve better and, above all, you deserve real answers, real solutions:

- Boost your immunity and antioxidant levels: vitamin C, zinc, selenium and most importantly, glutathione.
- Treat COVID with ivermectin possibly combined with azithromycin.
- Avoid paracetamol, which blocks glutathione, and proton pump inhibitors, which alter your microbiota (all the useful bacteria in your intestine).
- Take a walk in living nature and take a deep breath.

Notes :

[1] [Frank Vandenbroucke invite à «se préparer à affronter la quatrième vague » : les réactions - Le Soir](#)

[2] [La Belgique est-elle prête pour une quatrième vague ? Les mesures prises région par région \(msn.com\)](#)

[3] [L'épidémie repart, Elio Rupo se fâche et insiste sur la nécessité de se faire vacciner : « Mourir libre, c'est mourir » \(msn.com\)](#)

[4] [La troisième dose du vaccin n'attire pas les foules : « Les Belges francophones à risque ne suivent pas encore... » \(msn.com\)](#)

[5] [LA PSYCHO-NEURO-ENDOCRINO-IMMUNOLOGIE \(ianeva.fr\)](#)

[6] [Effects of stress on immune function : the good, the bad, and the beautiful | SpringerLink](#) « Chronic stress can suppress protective immune responses and/or exacerbate pathological immune responses. »

[7] [A neuro-endocrine-immune symphony - PubMed \(nih.gov\)](#)

[8] [Psycho-Neuro-Endocrine-Immunology : A Psychobiological Concept - PubMed \(nih.gov\)](#)

[9] <http://www.gapsante.uottawa.ca/newSite/Articles-PDF/12-Fillion.pdf> Stress and immunity: a review in psychoneuroimmunology

[10] [Comment les stress psychologiques nous rendent malades physiquement | LaNutrition.fr](#)

[11] [Bientôt des « vaccins » à ARNm dans votre assiette? - Nouveau Monde \(nouveau-monde.ca\)](#) *The global agenda to vaccinate every man, woman and child on its way to your plate.*

[12] [Les phénomènes de facilitation de l'infection par des anticorps \(ADE\) et le Covid-19 — Santé et Bien-être — Sott.net](#) Given previous data on multiple attempts to vaccinate against Sars-CoV-1 and Mers-CoV **that failed due to an ADE phenomenon in animal models, it is reasonable to assume a similar ADE risk for antibodies and vaccines against Sars-CoV-2.**

[13] [Silence total sur la façon dont l'ivermectine a éliminé le covid-19 en Inde \(lemediaen442.fr\)](#)

[14] [Le glutathion, roi des anti-oxydants - Alternative Santé \(alternativesante.fr\)](#) More than 100 years of research and 81,000 scientific articles have established that glutathione is one of the most important protective molecules in the body, including at the immune level, which it indirectly feeds.

[15] [Robert Malone, pionnier des « vaccins à ARNm », déclare que « la protéine Spike native est toxique » — Santé et Bien-être — Sott.net](#) In the first part of this video, Robert Malone goes into detail about his career as a scientist and the history of **the invention of this messenger RNA technology 30 years ago**. On the safety of [these] “vaccines”, **he states that it is not the technology of [these] “vaccines” that is the problem, but the native Spike protein that is toxic. He regrets that the benefit/risk ratio has not been calculated for each category of the population and asks for evidence and not opinions from the various regulatory authorities after having been informed of the various toxicities, particularly cardiac.**

[16] [Walter Chesnut : « Les injections anti-COVID accélèrent le vieillissement et seront encore plus mortelles si répétées » — Santé et Bien-être — Sott.net](#) Experimental products called anti-Covid-19 “vaccines” destroy telomerase in people just as chemotherapy does, accelerating aging in them.

[17] [Il est temps de réveiller le médecin qui sommeille en nous - Le blog de Bien-être-soi \(tdg.ch\)](#) *Numerous assessment tests will teach you to diagnose yourself and become your own doctor, in other words, an individual who takes charge of his or her health and not just a victim who suffers from the disease. **You are not the disease.*** It is obvious that we have at our disposal all the resources to get out of this [time of confusion](#). We just have to remember that and aspire to connect with it!



[La peur... encore et toujours la peur](#)

Par [Dr Pascal Sacré](#), 21 octobre 2021

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