

The Elite's 5,000-Year War on Your Mind Is Climaxing. Medical and Technological Mind Control. Can We Defeat It?

Part 2

By [Robert J. Burrowes](#)

Global Research, September 16, 2023

Theme: [Intelligence](#), [Police State & Civil Rights](#)

All Global Research articles can be read in 51 languages by activating the Translate Website button below the author's name.

To receive Global Research's Daily Newsletter (selected articles), [click here](#).

Click the share button above to email/forward this article to your friends and colleagues. Follow us on [Instagram](#) and [Twitter](#) and subscribe to our [Telegram Channel](#). Feel free to repost and share widely Global Research articles.

Part I of this study introduced the subject and discussed the psychological and political methods used to control our minds.

[The Elite's 5,000-Year War on Your Mind Is Climaxing. Can We Defeat It?](#)

By [Robert J. Burrowes](#), September 13, 2023

Part 2 (below) considers the medical and technological methods used and explain what is necessary to win this war.

**

Medical Mind Control

Mind control methods extend far beyond childhood terrorization reinforced by other psychological as well as political methods in their various forms.

Most notoriously, no doubt, among his other 'experiments', Dr. Josef Mengele supposedly studied mind-control at Auschwitz, with these 'medical' experiments sometimes leading to the death of his subjects.

A Freedom of Information document in 2010 exposed the ongoing, if relabeled, work of MK-Ultra – the illegal human experimentation program initiated by the U.S. Central Intelligence Agency (CIA) during the 1950s which employed many former Nazi and (Italian) fascist scientists (discussed further below) – including some of its less savoury elements such as its torture of children ostensibly in its conduct of ‘mind control’ experiments.

See [‘MK-ULTRA: CIA Mind Control, Sleeper Cells and Child Kidnappings’](#).

Other research has documented how much of MK-Ultra’s ‘medical torture’ was conducted within and beyond US borders, secretly and without the consent of those impacted, including on indigenous children and black prisoners. One Canadian victim testified in court that she had been held against her will and that her torturers ‘drugged her with LSD and other substances, subjected her to electroshock treatments, and exposed her to auditory indoctrination’ as part of their attacks on her mind.

See [‘New Docs Link CIA to Medical Torture of Indigenous Children and Black Prisoners’](#).

But for a reasonably comprehensive and horrific overview of the US government’s longstanding and ongoing efforts to subvert the autonomy, including mental autonomy, of its citizenry – including identification and description of key programs beyond MK-Ultra, such as ‘Cointelpro’ (‘a series of secret projects conducted by the FBI between 1956 and 1971 aimed at “neutralizing political dissidents”... [by] “making them incapable of engaging in political activity by whatever means.”’)

– see [‘U.S. Government Projects & Programs That Have Included Criminal and Unethical Actions Against Civilians’](#).

This account documents many US government programs, such as that labeled ‘Project Bluebird’ (later relabeled ‘Project Artichoke’), which was designed to deliberately create dissociative identity disorder (multiple personalities) ‘using trauma and inhumane practices for the purposes of mind control’, and ‘Northwoods’, designed ‘to trick the American public and international community into supporting a war by attacking and killing innocent U.S. citizens and blaming it on terrorism’.

See [‘Trauma-Based Victimization & Mind Control – Overview’](#). But there are many other examples carefully described, documented and illustrated on this website.

These projects, like others, were not the work of some fringe agency but again used Nazi scientists as well as a long list of prestigious US institutions, corporations and military bases as locations for the experimentation.

See [‘Project Monarch: Nazi Mind Control’](#).

But medical mind control is not limited to secretive work by government agencies, corporations and ‘research’ institutions. Many versions of it are imposed openly on society with devastating consequences.

Most notably, since early in his now very long career, ‘the conscience of psychiatry’ Dr Peter Breggin has ‘continued to develop the brain-disabling principle of psychiatric treatment. It states that all physical treatments in psychiatry – drugs, electroshock and psychosurgery – disable the brain and that none improve brain function.’ See ‘The Brain-Disabling Principle of Psychiatric Treatment’ in [‘Psychiatric Reform Accomplishments’](#).

Most horrifically, this has included the extensive use of a range of psychiatric interventions – notably including psychiatric drugs (see, for example, [Medication Madness: A Psychiatrist Exposes the Dangers of Mood-Altering Medications](#)), electroshock and lobotomy ('psychosurgery') (see, for example, [Brain Disabling Treatments in Psychiatry: Drugs, Electroshock, and the Psychopharmaceutical Complex](#)) – extensively documented by Breggin to have seriously incapacitated or killed substantial numbers of children and adults, including in racist contexts (see [Campaigns against racist federal programs by the center for the study of psychiatry and psychology](#)), particularly in North America and Europe.

In his extensive body of work – elaborated in [The Conscience of Psychiatry: The Reform Work of Peter R. Breggin, MD](#) – Breggin has exposed and often effectively campaigned to halt a long series of invasive psychiatric interventions against those people unfortunately targeted by 'organized psychiatry, drug companies, and government agencies'. The book also offers 'a probing critique of the psychopharmaceutical complex.' If you prefer to read a summary (up to 2008) of Dr Breggin's work to defend the human mind, you can do so at

['Psychiatric Reform Accomplishments of Peter Breggin, M.D., 1954 to the Present'](#).

But Dr Breggin, with the support of his wife Ginger, is still campaigning to defend your mind, most recently against the threats posed by the Covid-19 'vaccine' with its mind- and life-destroying ingredients including nanotechnology (which is discussed further in the section headed 'Technological Mind Control' below).

See ['Blurring Lines: Nanotechnology, Vaccines, and Control'](#).

Beyond these measures, however, the public has long suffered the deliberate release into communities of both 'approved' pharmaceutical drugs and 'illegal' drugs which are designed to control the mind of those impacted, even if it is just done by making people mentally and, hence, socially dysfunctional.

The most obvious examples of this are, respectively, the widespread administration of injections approved by government health authorities, which have triggered an epidemic of attention disorders such as autism, and the CIA's distribution of illicit drugs – from LSD to crack cocaine – among targeted US communities of politically aware people and in black neighborhoods particularly to psychologically and socially disrupt those impacted.

See ['Vaccine Industry Watchdog Obtains CDC Documents That Show Statistically Significant Risks of Autism Associated with Vaccine Preservative Thimerosal: Biochemist Brian Hooker, scientific advisor to A Shot of Truth, reveals CDC knew risks for over a decade'](#) and

['CIA Conspiracy to Flood Black Communities with Crack Exposed in Explosive Netflix Documentary'](#).

Of course, medical mind control is also deployed as one of the weapons used to control victims of torture in which psychiatrists have also long been willingly complicit. See ['Defeating the Violence of Psychiatry'](#).

Technological Mind Control

Unfortunately, however, as horrifically effective as long-standing psychological, political and medical mind control measures have been already, there are many new weapons in the arsenals of those intent on controlling our minds. These mind control weapons are

technological and, with most of the research driven by the intelligence and military communities within national governments, these efforts have been well funded and made steady progress during the C20th and advanced rapidly after World War II.

Hence, a human future worth living – which presumably includes a mind capable of conceiving and manifesting individual identity, freedom and free will – now hangs by a thread.

So this means that, in addition to the four points explained in the ‘Rage Against the War Machine’ article cited above, the traditional focus by antiwar activists on the threat posed by wars generally and the threat posed by nuclear weapons particularly is failing to take into account two vital elements of the overall threat: the ancient war on the mind that is now being enhanced by a wide range of technocratic control weapons and, as an extension of this, the manner in which war-fighting is being technocratized to remove humans from the picture altogether.

The latter development which, to reiterate, is an extension of the rapidly advancing mind control, means that we are almost at the point when a transhuman individual suitably placed in the chain of command could be ‘ordered’ by an artificial intelligence (AI) program to launch full-scale nuclear war.

Image is licensed under Wikimedia Commons



Or an AI program could initiate a nuclear launch directly.

See [‘How Might Artificial Intelligence Affect the Risk of Nuclear War?’](#), [‘Autonomous Nuclear Weapons: Should We Give Control Of America’s Nukes To AI?’](#),

[‘Assessing the Dangers: Emerging Military Technologies and Nuclear \(In\)Stability’](#),

[‘Never Give Artificial Intelligence the Nuclear Codes’](#) and

[‘AI Versus AI And Human Extinction as Collateral Damage’](#).

And that is assuming that AI does not induce human extinction directly.

See [‘Statement on AI Risk: AI experts and public figures express their concern about AI risk’](#). But that is an issue to be explored another time.

Which means that the challenges for both freedom activists and anti-war activists, as well as any ‘ordinary’ human being, are far greater in this rapidly advancing technocratic age than

at any previous time in human history.

Let me explain a little more about what is happening but then focus on how it is happening, the challenges it presents and how we can strategically resist these developments, which are a critical component of the Elite program to imprison and enslave those left alive after humanity has been 'depopulated' by the various measures being employed to achieve that end.

See ['We Are Being Smashed Politically, Economically, Medically and Technologically by the Elite's "Great Reset": Why? How Do We Fight Back Effectively?'](#)

Building on long-standing techniques to manipulate previously terrorized people into feeling, thinking and doing what they are told, particularly since World War II the Elite has sought technological means of mind control as well.

At its simplest, this has included the use of television as a weapon for mass mind control, which was already happening extensively by the 1960s. In a documentary demonstrating this, the presenters illustrate how a variety of techniques are used to manipulate viewers into holding the views endorsed by those intent on controlling the narrative. How this is done varies and, for example, ranges from the messaging itself - which might be overt or be concealed in such a way that it is only perceived unconsciously - to the rate of flicker which can alter the state of consciousness to make one more receptive to some form of programming.

Watch ['Ultimate TV Mind Control Documentary'](#).

Beyond this, however, enormous effort has gone into much more technologically direct forms of mind control.

Most notably, Yale University psychiatrist Dr José M.R. Delgado's 1969 book [Physical Control of the Mind: Toward a Psychocivilized Society](#) carefully documented techniques used in the illegal human experimentation program initiated by the U.S. Central Intelligence Agency (CIA) during the 1950s which employed many former Nazi and (Italian) fascist scientists. Known as MK-Ultra, the project was designed to develop procedures to manipulate the mind, thus beating Elon Musk's neuralink chip by a mere 75 years.

See ['Mind Control is Nothing New'](#) and watch ['This Is How Elon Musk's Neuralink Microchip Will Be Put In Your Brain'](#).

Nevertheless, and despite the physically invasive nature of his earlier work, Delgado's later work was done wirelessly, 'with his most advanced efforts developed without electrode implants used at all'. That is, 'he achieved the brain manipulating effects at a distance, without any physical contact or devices attached to the living creature being manipulated'. By changing the frequency and waveform on an experimental subject, 'he could completely change their thinking and emotional state'.

See [Angels Don't Play This HAARP](#) pp.140-141.

Consequently, since the 1950s, a long series of technologies has been or is being developed which enhance the Elite capacity to control our minds *in an enormous variety of ways*, compromise our health, disable us, alter us genetically or kill us, as they choose. Needless

to say, in the United States such efforts have garnered significant CIA and Defense Department support. Here is a sample of more of these technologies.

Image: HAARP antenna grid (By Secoy, A/CC BY 4.0)



Among its other weapons possibilities, researchers Dr Nick Begich and Jeane Manning have explained how the High Frequency Active Auroral Research Program – known as HAARP, a joint project of the United States Air Force and Navy based in Alaska and designed to study the ionosphere in order to develop new weapons technology – ‘could be used against humanity in a way that would change what people think, believe and feel.’ See [Angels Don't Play This HAARP](#) p.8.

Citing Michael Hutchison's 1990 book – see [Mega Brain, New Tools and Techniques for Brain growth and Mind Expansion](#) – which described how new technologies were being used to improve learning and memory but also for human behavior modification, Begwich and Manning noted that ‘External stimulation of the brain by electromagnetic means can cause the brain to be entrained or locked into phase with an external signal generator... overriding the normal frequencies causing changes in the brain waves; which then cause changes in brain chemistry; which then cause changes in brain outputs in the form of thoughts, emotions or physical condition.... brain manipulation can be either beneficial or detrimental to the individual being impacted.’

Writing in 2001, Begich and Manning go on to note that ‘The work in this area is advancing at a very rapid rate with new discoveries being made regularly.... Radio frequency radiation, acting as a carrier for extremely low frequencies (ELF), can be used to wirelessly entrain brain waves.... The power level needed to achieve a measure of control over brain activity is very small – from 5 to 200 microamperes – which is thousands of times less than the power needed to run a 60 watt light bulb.... The new tools include electrical cranial stimulation devices, sound systems, light pulse systems and a large variety of other brain entrainment and feedback devices.’

See [Angels Don't Play This HAARP](#) pp.134-135.

Commenting on Hutchison's 1994 sequel – see [Mega Brain Power: Transform Your Life with Mind Machines and Brain Nutrients](#) – which also highlighted the rapidity of developments in the field, Begich and Manning note that Hutchison was using his periodical *Megabrain Report: The Psychotechnology Newsletter* to discuss ‘technologies for healing nervous system disorders, correcting attention deficit and hyperactive disorders in children and

curing drug and alcohol dependencies among other things.’ However, while they claimed that ‘Electromedicine of this type is emerging as one of the most exciting areas of medical research’, they lamented that ‘military research continues to look at these technologies as weapon systems rather than as human potential enhancing tools.’ The book devotes considerable attention to military research in the field that is not classified.

See [Angels Don't Play This HAARP](#) p.135.

In their detailed investigation of the mind control issue, Begich and Manning drew attention to the work of Dr. Patrick Flanagan, ‘one of America’s most gifted inventors’, who was ‘recognized for inventing what was the most advanced brain entrainment device, and possibly human-to-computer interface, on the planet – the Neurophone.’ That was in 1962. Years later, Flanagan noted that the HAARP project could be ‘the biggest brainentrainment device ever conceived’. According to HAARP records, at full power the device can send VLF and ELF waves using many wave forms at energy levels sufficient to affect entire regional populations.

See [Angels Don't Play This HAARP](#) p.136.

But why impact only ‘entire regional populations’?

Building on earlier work he had done investigating the psychophysiological impacts of ELF (extremely low frequency) field waves on living organisms – see [‘Psychophysiological Effects of Extremely Low Frequency Electromagnetic Fields: A Review’](#) – in a 1995 paper published in *Perceptual and Motor Skills*, Professor Michael A. Persinger concluded that ‘Within the last two decades... a potential has emerged which was improbable but which is now marginally feasible. This potential is the technical capability to influence directly the major portion of the approximately six billion brains of the human species through classical sensory modalities by generating neural information within a physical medium within which all members of the species are immersed.’

See [‘On the Possibility of Directly Accessing Every Human Brain by Electromagnetic Induction of Fundamental Algorithms’](#). And, of course, all human beings are immersed within the medium known as Earth’s atmosphere.

Begich and Manning discuss a range of mind control technologies including ‘brain biofeedback’ – which enables a person to learn how to manipulate their own brain waves, using a computer initially, in profound ways – thus offering the opportunity ‘to take greater control of ourselves through better control of our minds’. At its most benign, this technology has assisted people to reach higher meditative states, helped children suffering from attention deficit disorders and enabled adults to break drug and alcohol dependencies. Unfortunately: ‘It is disturbing to realize that governments are interested in these technologies, not for beneficial individual uses but in order to gain increased control over populations they view as dangerous. These technologies offer both great promise and a high potential for abuse.’ See [Angels Don't Play This HAARP](#) p.138.

If you would like to watch an articulate, straightforward account of the development of some of the early technological methods of mind control, Dr Nick Begwiche offers one in about eleven minutes from the 12:45 mark of this video: [‘NWO – The Battle For Your Mind & Body’](#). But an internet search will reveal a wide range of videos in which Begwiche presents his research findings as well as his concerns.

Of course, this concern about how the technology could be deployed is shared by others.

In his own research on the subject, the founder of the [‘International Movement for the Ban of Manipulation of Human Nervous System by Technical Means’](#), Czech writer Mojmir Babáček concluded his 2004 study with this warning:

One clear consequence of the continuation of the apparent politics of secrecy surrounding technologies enabling remote control of the human brain is that the governments, who own such technologies, could use them without having to consult public opinion. Needless to say, any meaningful democracy in today’s world could be disrupted, through secret and covert operations. It is not inconceivable that in the future, entire population groups subjected to mind control technologies, could be living in a ‘fake democracy’ where their own government or a foreign power could broadly shape their political opinions by means of mind control technologies. See [‘Electromagnetic and Informational Weapons: The Remote Manipulation of the Human Brain’](#).

Despite Babáček’s well-founded concern and long-standing efforts, research on technological control of the human mind has continued to expand without regulation, with much of this research done in secret, which Babáček has long resisted as well.

See [‘The Ways to Defeat the Secrecy Surrounding the Existence of Mind Control Technology’](#).

Among other outcomes, this ongoing research meant that, by 2011, the [McGovern Institute for Brain Research](#) was able to control the brain using light. Research in this area by several organizations is pursued vigorously and continues to make progress.

See [‘Controlling nerve cells with light opened new ways to study the brain’](#).

And in 2018, Professor Antoine Jérusalem explained progress made in using sound waves to control the human mind. Describing ‘non-invasive neuromodulation – changing brain activity without the use of surgery’ Jérusalem explains it thus: ‘the principle of non-invasive neuromodulation is to focus ultrasound waves into a region in the brain so that they all gather in a small spot. Then hopefully, given the right set of parameters, this can change the activity of the neurons.’ The aim is to control the neuronal activity without damaging the brain tissue. While keen to acknowledge potential benefits, Jérusalem concedes inherent problems. How dystopian could it get? ‘I can see the day coming where a scientist will be able to control what a person sees in their mind’s eye, by sending the right waves to the right place in their brain.’ He advocates regulation.

See [‘Mind control using sound waves? We ask a scientist how it works’](#).

Of course, research in the field of technological manipulation of the mind is not confined to the West with countries like China doing considerable research in the field as well. The People’s Liberation Army is considering a variety of psychological warfare technologies ‘that it envisions leveraging for future operations. These include advanced computing, especially big data and information processing; brain science, especially brain imaging; and legacy proposals that remain of interest, including sonic weapons, laser weapons, subliminal messaging, and holograms.’

See [‘Chinese Next-Generation Psychological Warfare: The Military Applications of Emerging](#)

[Technologies and Implications for the United States’](#).

As you might have expected, the most recent efforts at technological mind control have included research into the use of nanotechnology. In their research on the subject, Prithiv K. R. Kumar & Albert Alukal explained, with a sequence of images, how nanotechnology could be delivered into a specific part of the brain and what constituents would be required to achieve particular outcomes, including in relation to brain damage repair.

See [‘Control of Mind using Nanotechnology’](#).

And Tyler Nguyen and colleagues wrote another paper that cites shortcomings in some approaches to ‘brain stimulation’ and goes on to discuss the possibility of using ‘magnetolectric nanoparticles’ (MENs) which was originally proposed in 2012 but later demonstrated. ‘The nanoparticles can be injected into a vein or via intranasal administration, forced to cross the blood-brain barrier (BBB) and consequently localized to a target region by applying a magnetic field gradient.... The unique properties of MENs, due to their small size (~ 30 nm)... may provide significant improvements over currently used techniques in efficacy and tissue penetration for noninvasive brain stimulation.’

See [‘In Vivo Wireless Brain Stimulation via Non-invasive and Targeted Delivery of Magnetolectric Nanoparticles’](#).

But as Ana Maria Mihalcea MD, PhD elaborates her own research in this field, she highlights ‘the capability of the Nanotechnology in the C19 injections as well as the Nanotechnology we inhale via geoengineering chemtrails and food supply to control the human mind.’ She goes on to write: ‘All aspects of human functioning can be altered in the brain without the recipient of the technology knowing it.... Quantum Dots, Carbon Nanotubes (Graphene) and Lipid Nanoparticles creating Hydrogel are all components discussed previously in my posts.’ See the following article and earlier ones accessible below it:

[“‘Control of Mind Using Nanotechnology” – 2020 Scientific Paper Explains Complete Thought and Brain Control through Nanotechnology’](#).

And lest you think that geoengineering nanoparticles can’t be a serious problem, Dane Wigington’s recent interview of an anonymous whistleblowing scientist working in the agricultural sector in the U.S. reveals a program that sprays 40 million tons of nanoparticles onto the Earth’s surface annually. Of course, given the range of functions that nanoparticles can be designed to perform, we can only speculate on the proportion of these nanoparticles sprayed that might be devoted to mind control.

Watch [‘Nanoparticle Contamination Cover-up: Answers from a Scientist’](#).

But further to her research on nanotechnology in human blood and its implications for mind control, Mihalcea has also drawn attention to military research – see [‘Brain-Computer Interfaces: U.S. Military Applications and Implications, An Initial Assessment’](#) – concerned with exploiting such technologies in conjunction with artificial intelligence: ‘rewriting neuronal function in my vocabulary means total mind control, human enslavement, and ultimately may mean human extinction’.

See [‘Brain Computer Interfaces: US Military Applications and Implications’](#).

And in the last of her trilogy of books on geoengineering,

[Geoengineered Transhumanism: How the Environment Has Been Weaponized by Chemicals, Electromagnetism & Nanotechnology for Synthetic Biology](#) Elana Freeland notes that ‘Millions of “neurograins” collecting and communicating data to remote hubs are now in all human brains.... “Absolute limits” are now about *tininess*, the *micro*, *nano*, *pico*, and *femto* of particles whose extraordinary power is disguised as insignificant but actually hands over the keys to the kingdom of remote control over bodies and brains to those who control technology proximate to the subatomic quantum threshold.’

In an interview on the subject, Freeland simply observes: ‘They prepped us for 20 years with what we breathed in [the nanoparticles – mainly metals such as Barium, Strontium, Aluminum (the worst for humans), Chromium, Lithium... – they dropped on us] and now one of the things that’s going in through the jab [Covid-19 injection] is software and hardware, microprocessors, so that the 5G, 6G systems – and notice I am including 6G I want to make that clear: There is 6G out as well. It’s just that they have not announced it but it’s up and running – ... this nanotechnology that I am talking about can run our behaviour, our thoughts, our feelings and our emotions. And I am not talking about the future.’

Watch [‘Slobodni podcast #27 Elana Freeland’](#).

Given the dangers posed by the capacity of certain technologies to control the human mind, which he continues to oppose to this day –

see [‘Is Mankind Able to Prevent Abuse of New Technologies Against Democracy and Human Rights?’](#) and

[‘Control The Human Brain, Control the World. Neurotechnology and the Ban of Mind Control Weapons: If Democracy Is to Win in This World, the United Nations Must Become Democratic’](#) – on 18 June 2022 Mojmír Babáček and fellow signatories sent an

[‘Open letter to the governments and parliaments of the world to create legislation to protect people’s brains and bodies against attacks by neurotechnologies’](#) and in May 2023 Babáček challenged national governments around the world to follow the example set by the Chilean government, which adopted a law in 2021 guaranteeing Chilean citizens ‘the rights to personal identity, free will and mental privacy’ and **‘prove that they are not planning to transform their states into totalitarian states where the elite turn citizens into bio-robots, controlled by supercomputers.’**

See [‘People’s Brains and Bodies Are Not Protected Against Attacks by Electromagnetic Waves and Neurotechnologies: The sixth generation of cell phone telephony plans to connect human brains to the internet’](#).

As much as I appreciate Babáček’s long-standing efforts, there is no prospect of this happening given Elite plans to control the mind of every individual living.

Hence, we must resist it ourselves.

Strategically Resisting Efforts to Control Our Minds

Elite efforts to control our minds are long-standing, multifaceted and sophisticated although most trigger people’s (unconscious) fear as a basic component of their efforts.

Terrorized during childhood into submissive obedience to authority, bamboozled by a staggering array of mind control techniques and technologies of which there is almost zero public awareness, entranced by the latest technological gadget while reassured by the delusional promise of greater 'privacy, security and convenience', only a rare human is perceiving how these individual components are just parts in an overarching program that is progressively drawing us into a trap which will render those of us left alive into transhuman slaves within the technocratic walls of the Elite's 'smart' cities.

Thus, for example, the vast number of people who accept payment to do Elite bidding - including those working in the public relations, propaganda, censorship and technological mind control industries - have clearly been terrorized out of their moral autonomy and, hence, are incapable of perceiving and acting in concert with the general human interest.

But most people are already so entrapped by a combination of Elite measures that there is no realistic prospect, in the timeframe available, of helping them to escape Elite influence sufficiently to survive the current range of threats to their identity, privacy, security, freedom and life by resisting these threats effectively.

Unfortunately, this includes most people who were able to perceive the delusions presented to us in relation to the 'virus', injectables and the various mandates.

Thus, the number of people capable of resisting effectively (that is, strategically) the foundational components of the Elite program is relatively few.

But if you regard yourself as one of these individuals, then here are the key things you need to be doing to maximize the prospects of your children having minds of their own and to defend a future worth living.

Consider making ['My Promise to Children'](#). **To be able to make this commitment, you might need to spend some time becoming more aware of your own emotional Self.**

See ['Putting Feelings First'](#).

To fulfill your promise to children, you will certainly need to be able to listen, deeply, to them - see ['Nisteling: The Art of Deep Listening'](#) -

and to understand the hazards of the existing education system. See ['Do We Want School or Education?'](#)

Tragically, we are at a point in human history when the obstacles to retaining autonomy over one's mind are enormous. But how a child is parented is the most crucial variable in the ultimate outcome for the individual.

And if you have retained sufficient control over you own mind, then you will know, intuitively if not intellectually, that resisting the Elite's complex and sophisticated program is going to require considerable effort both by you as an individual and by those we can mobilize to respond powerfully too. And this will not include lobbying or petitioning Elite agents.

See ['The Elite Coup to Kill or Enslave Us: Why Can't Governments, Legal Actions and Protests Stop Them?'](#)

In essence, this means that your resistance to the Elite program must be strategic. If it is not, Elite insanity will ensure that sufficient and, if necessary, overwhelming violence will be inflicted on us to compel compliance with their will.

See ['The Global Elite is Insane Revisited'](#).

So if you are committed to being strategic in your resistance to the 'Great Reset' and its related agendas, you are welcome to participate in the ['We Are Human, We Are Free'](#) campaign which identifies a list of 30 strategic goals for doing so.

WE ARE HUMAN

WE ARE FREE



WORLDWIDE NONVIOLENT RESISTANCE TO ELITE CONTROL _ *THE GREAT RESET*

We Are Human, We Are Free is a worldwide nonviolent resistance movement to free ourselves from elite control and resist the forces of fear and dehumanisation. Our aim is to build a mass civil resistance movement to undermine the power of the criminal Global Elite to control us,

and to regain the freedoms that make our lives worth living. Because we are human, we are free to make choices. The time has come to choose - are we on the side of love, life and freedom or fear, self-imprisonment and tyranny?

WHAT CAN YOU DO?



Refuse 'pandemic' injections, tests and passports. Big Pharma is not honest or safe. Choose natural health.



Keep your small business open in lockdown. Buy from small businesses. Don't use contact-tracing QR codes.



Don't wear masks or social distance. Staying human is more important than living in fear.



Boycott corporate & government media that misinform & censor. Choose uncensored media & social media.



Don't buy 5G or smart devices/systems. Resist the fourth industrial revolution. Defend our humanity.



Refuse digital identity. Don't submit biometric data: DNA, finger/palm-prints, iris scans or voice recordings. Don't get microchipped.



Pay with cash & switch to community owned banks. Grow your own food. Join local trading schemes.



Don't pay 'pandemic' related fines. Risk becoming a prisoner of conscience. Seek support.

<https://wearehumanwearefree.org>

More simply, and as a minimum, you can download the 'We Are Human, We Are Free' one-page flyer that identifies a short series of crucial nonviolent actions that anyone can take. This flyer, now available in 23 languages (Chinese, Croatian, Czech, Danish, Dutch, English, Finnish, French, German, Greek, Hebrew, Hungarian, Italian, Japanese, Malay, Polish, Portuguese, Romanian, Russian, Serbian, Spanish, Slovak and Turkish) with more languages

in the pipeline, can be downloaded from here: [‘One-page Flyer’](#).

You are also welcome to consider sharing the article [‘Policing the Elite’s Technocracy: How Do We Resist This Effectively?’](#) with your local police. Resistance by police will be vital to the success of our resistance efforts.

And you might also consider organizing or participating in a local strategy to halt the deployment of 5G, given its crucial role in making the Elite’s ‘smart city’ technocratic prisons function. See [‘Halting the Deployment of 5G’](#).

If you like, you can also watch, share and/or organize to show, a short video about the campaign here: [‘We Are Human, We Are Free’ video](#).

Moreover, if this **strategic resistance** to the ‘Great Reset’ (and related agendas) appeals to you, consider joining the [‘We Are Human, We Are Free’](#) Telegram or Signal groups (with links accessible from the website).

Conclusion

Most humans laud the idea of ‘a free society’ and ‘freedom of the individual’ but don’t even realise that what we most need is freedom of the mind. We pay lip service to the rights to freedom of thought, expression and conscience but lack the powerful mind necessary to meaningfully exercise these rights, often settling for superficial symbols of ‘freedom’ such as the right to choose the form of our employment, how we spend our spare time, the sporting team we support, and the style and color of our hair and clothing.

The reality is that we are terrorized throughout childhood into submissive obedience to authority leaving us highly vulnerable to the comprehensive range of psychological, political, medical and technological weapons directed against our minds. In this circumstance, identifying the truth about what is really happening in the world is a challenge far too great for most people.

Moreover, in the situation we now face, even among those who have been able to perceive the most obvious delusions being presented to them, the bulk of these individuals have proven incapable of doing little more than complaining powerlessly, begging an Elite agent to ‘go easy’ on them (by lobbying or petitioning a government or international organization such as the World Health Organization), cross-posting the latest irrelevant post from one social media platform to another, possibly advocating unspecified ‘resistance’ (or strategically irrelevant action), or attending a protest demonstration.

Seeking out and applying strategic means of resistance to the overall Elite program – the World Economic Forum’s ‘Great Reset’ with its fourth industrial revolution (technocratic), eugenicist and transhumanist components – or recognizing it when offered, has remained beyond them.

Hence, any candid assessment of the evidence presented above leads to one conclusion: The Elite war on human minds is now so advanced and effective that death or transhuman slavery for everyone on Planet Earth is virtually inevitable.

As Steve Biko noted all those years ago: ‘The most potent weapon of the oppressor is the mind of the oppressed.’

*

Note to readers: Please click the share button above. Follow us on Instagram and Twitter and subscribe to our Telegram Channel. Feel free to repost and share widely Global Research articles.

Robert J. Burrowes has a lifetime commitment to understanding and ending human violence. He has done extensive research since 1966 in an effort to understand why human beings are violent and has been a nonviolent activist since 1981. He is the author of [‘Why Violence?’](#) His email address is flametree@riseup.net and his website is [here](#).

He is a regular contributor to Global Research.

The original source of this article is Global Research
Copyright © [Robert J. Burrowes](#), Global Research, 2023

[Comment on Global Research Articles on our Facebook page](#)

[Become a Member of Global Research](#)

Articles by: **[Robert J. Burrowes](#)**

Disclaimer: The contents of this article are of sole responsibility of the author(s). The Centre for Research on Globalization will not be responsible for any inaccurate or incorrect statement in this article. The Centre of Research on Globalization grants permission to cross-post Global Research articles on community internet sites as long the source and copyright are acknowledged together with a hyperlink to the original Global Research article. For publication of Global Research articles in print or other forms including commercial internet sites, contact: publications@globalresearch.ca
www.globalresearch.ca contains copyrighted material the use of which has not always been specifically authorized by the copyright owner. We are making such material available to our readers under the provisions of "fair use" in an effort to advance a better understanding of political, economic and social issues. The material on this site is distributed without profit to those who have expressed a prior interest in receiving it for research and educational purposes. If you wish to use copyrighted material for purposes other than "fair use" you must request permission from the copyright owner.

For media inquiries: publications@globalresearch.ca