

Died Suddenly While Hiking or Climbing - The Perils of Being COVID-19 Vaccinated

24 hikers who had cardiac arrests or died mysteriously, are examined. July 2023 was particularly deadly for hikers

By [Dr. William Makis](#)

Theme: [Science and Medicine](#)

Global Research, August 02, 2023

[COVID Intel](#) 1 August 2023

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July 28, 2023 - Two Albertans, ages 34 and 35, Jonah Swen and Greg Gaudette were found dead after going missing during a hike along North York Creek Plane Crash Trail outside of Coleman. They were both fully COVID-19 vaccinated PARAMEDICS ([click here](#)).

Alberta hikers found dead in Crowsnest Pass near Coleman




Melissa Gilligan
CTVNewsCalgary.ca Digital
Journalist
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p.m. MDT
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a.m. MDT

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Two hikers who went missing in southwest Alberta have been found dead. RCMP say they were notified that the two men, aged 34 and 35, were overdue at 10 p.m. on Wednesday. The pair had been hiking along North York Creek Plane Crash Trail, located outside of Coleman. RCMP assisted in a search for the pair that included an aerial investigation. On Thursday at 7 p.m., search and rescue teams located the men deceased at the bottom of a ridge at Mount Coulthard. One of the victims was Calgary resident Jonah Swen while the other, Greg Gaudette, lived in Lethbridge. **Both were paramedics.**

July 22/23, 2023 - Nevada - 29 year old Diana Rivera and 34 year old Jessica Rhodes (a very fit athlete) died while hiking Valley of Fire State Park. "Nobody knows what actually happened but nobody could've been in better shape" ([click here](#)).

Woman who died during hiking trip remembered for adventurous, selfless spirit



34-year-old Jessica Rosalie Rhodes was one of two women found dead in Valley of Fire State Park after going missing from a hiking trip Saturday

LAS VEGAS (FOX5/Gray News) - Thirty-four-year-old Jessica Rosalie Rhodes was one of two women found dead in Nevada's Valley of Fire State Park after going missing from a hiking trip on July 22.

The temperature in the park that day reached a high of approximately 113 degrees.

"It could've happened to any of us, doesn't matter how good of shape you're in, how prepared you are," said Julie Johnston, Jessica Rhodes' friend and owner of Camp Rhino, where she regularly exercised.

"Nobody really knows what actually happened, but nobody could've been in better shape or more prepared to do something like that."

Jessica Rhodes and 29-year-old Diana Matienzo Rivera were found separated, one on the trails and the other in a canyon. They were first reported missing by another group of hikers.

Her mother, Josephine Rhodes, said she believes her daughter was trying to help her friend.

"They were trying to get back, but they just didn't make it and she didn't want to leave her friend down there, so she tried to help her friend," Josephine Rhodes said. "And that's just the type of child she is."

July 18, 2023 - 27 year old former MSU Baseball player Matt Byars "fell" while hiking at Rock Park outside of Denver ([click here](#)).



Matt Byars, who played baseball at Michigan State for two years, died earlier this week in a hiking accident. Courtesy Of The Byars Family

SPARTANS

Former MSU baseball player dies in hiking accident; family says he lived 'life to the fullest'

Police in Castle Rock, Colorado, say [Matt Byars fell hiking in Rock Park](#), outside Denver, shortly before 8 p.m. Tuesday.



Tony Paul

The Detroit News

Published 2:47 p.m. ET July 21, 2023 | Updated 12:04 a.m. ET July 22, 2023

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Matt Byars began traveling the country at a young age, as a standout baseball player competing in tournaments.

Seeing all those different places, all life had to offer, that's how he fell in love with the outdoors.

"My parents traveled all over with him for club baseball, and he was able to kind of see what other places were like," said his oldest sister, Lindsay Krull. "He always loved fishing. He always loved being outdoors. And when he moved out to Colorado, he was really able to do all those things to the max.

"We always kind of knew he wanted to live his life to the fullest.

"We always kind of knew that he would end up in a place like Colorado."

July 17, 2023 - 16 year old Simon Mirkes was on a Camp Tamarack hiking trip in Alaska for Jewish families & children. 3.7 miles into the Harding Icefield trail outside of Seward in Kenai Fjords National Park he collapsed, paramedics from LifeMed helicopter attempted to resuscitate him with CPR but he died on the trail of cardiac arrest ([click here](#)).



Simon Mirkes, 16, of Farmington Hills, Mich., collapsed and died, reportedly of cardiac issues, in Kenai Fjords National Park, a month into a group hike through the Harding Icefield trail. COURTESY.

Teen hiker dies while hiking on Kenai Peninsula

By Riley Board, KDLL - Soldotna - July 18, 2023



The Harding Icefield Trail leaves from the Exit Glacier area outside of Seward. (Riley Board/KDLL)

A 15-year-old died in Kenai Fjords National Park Monday afternoon while hiking the Harding Icefield trail outside of Seward, according to park officials.

A statement from the national park says the young hiker needed emergency medical services and CPR about 3.7 miles into the trail. It says bystanders helped to provide CPR, and paramedics from a LifeMed helicopter attempted to resuscitate the hiker, but were unsuccessful, and he died on the trail of cardiac arrest.

According to the park, agencies including Alaska State Troopers, Alaska Wildlife Troopers, the Bear Creek Fire Department, Seward Volunteer Ambulance Corps and LifeMed Alaska all responded.

The statement does not say why the hiker collapsed or needed CPR. Troopers said the body

July 10, 2023 - Whistler, BC - 28 year old nurse and member of her local search and rescue team, died while hiking in BC. She collapsed at 11:15am. She was an experienced hiker ([click here](#)).

28-year-old Vermont woman falls to her death while hiking in B.C.



A 28-year-old woman is dead after officials say she fell while on a “technical and advanced-level hike” near Whistler, B.C.

Nicole Killian of Richmond, Vt. dropped down the “chimney” portion of the Black Tusk area in Garibaldi Provincial Park around 11:15 a.m. on Monday, Sea to Sky RCMP said in a statement the following day.

After the fall was reported, Mounties say members of its Whistler unit, RCMP Air Services, BC Ambulance paramedics and Whistler Search and Rescue responded to the area to provide medical aid, but weren’t able to save the hiker’s life.

Killian is being remembered as a “rescuer of dogs and people alike,” according to a statement from her family that was provided by police.

It explains that the 28-year-old had just earned a doctorate in nursing from New York University and was a member of her local search and rescue team.

While Killian was an experienced hiker, B.C. officials are warning backcountry enthusiasts that the Black Tusk chimney and scree portion can be extremely dangerous, even for seasoned mountaineers.

June 26, 2023 - Texas - 14 year old boy fell ill and died unexpectedly during hike while his 31 year old stepdad died while trying to get him help. ([click here](#))

June 24, 2023 - The remains of 65 year old British actor Julian Sands were discovered on a mountainside in Mount Baldy, California. He died while he was hiking. Autopsy could not

determine what caused his death ([click here](#)).



(Photo by John Sciulli/Getty Images for BVLGARI)

A public information officer for the San Bernardino County Sheriff's Department confirmed that the **cause of death of famous actor Julian Sands has been deemed "undetermined,"** People reported.

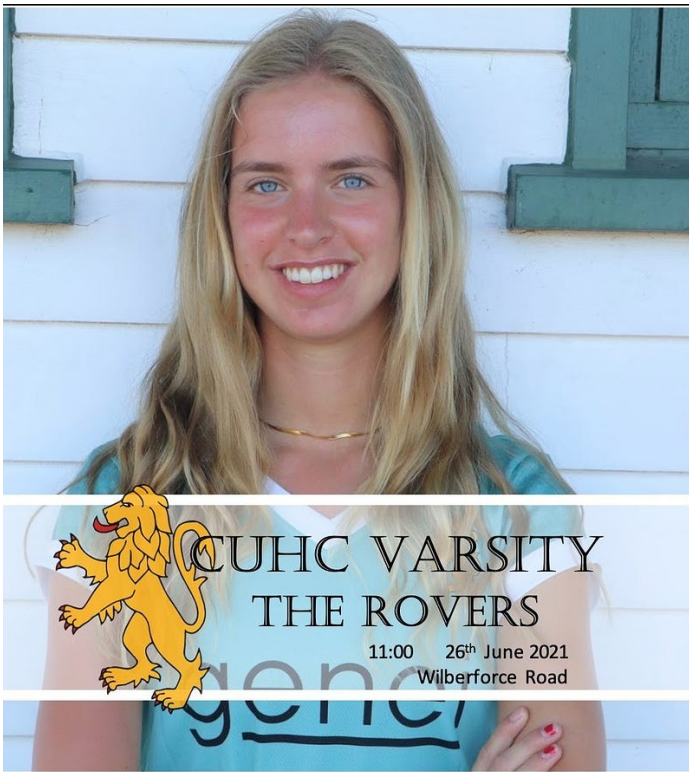
The officer said the death was ruled "undetermined due to the condition of the body and this is common when dealing with cases of this type," **according to** People.

Recreational hikers **discovered human remains** on the mountainside on June 24. The remains were confirmed to be those of Sands on June 27. Sands was reported missing in January, after failing to return home after hiking in California's Mount Baldy, which is known for its dangerous terrain, according to People.

The manner of Sands' death was unclear at the time his **body was located**, and the **autopsy failed to provide conclusive information about what precisely led to the British actor's death.**

Sands was a highly experienced hiker who had a passion for pushing himself to new levels. He spoke of his love for hiking during a 2020 interview with **The Guardian**, and thanked his parents for supporting his activities.


May 7, 2023 - 20 year old Clarissa Nicholls from London, UK, died suddenly from cardiac arrest while hiking in France.



CUHC VARSITY
THE ROVERS

11:00 26th June 2021
Wilberforce Road



 **Ollie Nicholls**
June 18 at 8:05 PM · 🌐

Dear all,

I wasn't sure of the best way to do this, and I apologise if this news comes as a shock, but here goes.

As many of you will already know, **Clarissa, my beautiful twin sister, suddenly collapsed and passed away on the 7th May whilst enjoying a gorgeous hiking weekend on her year abroad in France.** She was so loved by everyone and was having the time of her life out there.

In loving memory of

Clarissa Nicholls

15th May 2002 — 7th May 2023

London, England, United Kingdom

April 29, 2023 - 25 year old Eli James Olson died in a "tragic hiking accident on El Capitan mountain in Texas" ([click here](#)).

April 26, 2023 - 37 year old NBC News Correspondent Morgan Chesky developed shortness of breath while hiking in Zion National Park. He almost died after developing "high altitude pulmonary edema". He had done tougher hikes before and never had it. ([click here](#))



Morgan Chesky/Instagram

NBC News correspondent **Morgan Chesky** opened up about the scary and surreal experience he had while hiking in Zion National Park earlier this week.

On Wednesday, Chesky, 37, revealed he was admitted to nearby Cedar City Hospital after suffering a medical emergency in the famed Utah park.

In a statement shared alongside a series of photos, Chesky detailed his experience recovering from [high altitude pulmonary edema](#), when fluid builds up in the lungs and prevents oxygen from moving around your body. He said the incident occurred less than 24 hours after he began his "painstakingly planned" trip.

Feb. 21, 2023 - 41 year old Irish paramedic working in Australia, Fiona Lavelle went missing and was found dead on a hike in Cape Le Grand National Park, Western Australia ([click here](#)).



Fiona Lavelle (pictured), 41, was reported missing after she went hiking around Cape Le Grand National Park in Western Australia

Desperate search for missing paramedic who went hiking in 43C heat at a national park ends with a grim discovery

- WA paramedic Fiona Lavelle went missing while on a hike
- Police conducted a search at Cape Le Grand National Park
- Ms Lavelle's body was discovered by police on Wednesday

By JESSE HYLAND FOR DAILY MAIL AUSTRALIA and ELI GREEN FOR NCA NEWSWIRE
PUBLISHED: 06:21 EDT, 22 February 2023 | UPDATED: 10:22 EDT, 22 February 2023

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The desperate search for a missing paramedic who went on a hike has ended in tragedy after her body was discovered by police.

Fiona Lavelle, 41, was hiking around Cape Le Grand National Park, which is 63km south-east of Esperance, Western Australia.

She had planned to hike at Hellfire Bay on Tuesday morning before the temperature in the area reached 43C that afternoon.

WA Police conducted a major search for Ms Lavelle and found her car, a Nissan Navara, at a carpark on the western end of Cape Le Grand Road on Tuesday night.

An emergency text message and a photograph of Ms Lavelle and her vehicle was also sent out by local police to people in the surrounding area.

Sep. 2022 - 32 year old doctor and Neurology Resident Dr. Evan Dishion died suddenly while hiking near Cave Creek, Arizona ([click here](#)).

Doctor who died while hiking near Cave Creek leaves behind wife, 3-month old baby



A doctor died while hiking in the blistering heat near Cave Creek and his widow is devastated and has to raise their child alone.

By [Holly Bock](#)

Published: Sep. 7, 2022 at 8:46 PM MDT



CAVE CREEK, AZ (3TV/CBS 5) -- Earlier this week, firefighters say a doctor died from heat stroke while hiking near Cave Creek. Now, his wife is remembering her husband and warning others about hiking in extreme heat. The 32-year-old doctor, Evan Dishion, leaves behind his wife and baby girl.

The Dishion's just had their baby girl, Chloe, three months ago and have been married for eight years. On Monday, Evan went on a hike, which turned into Amy Dishion's worst nightmare. "He promised me he would turn around if it got too hot. I don't know why he didn't," Amy said.

Now, Amy sits with her three-month-old girl, not knowing what their future looks like. Amy says her husband was hiking at Spur Cross Trailhead with a group of friends. Unfortunately, they got lost and ran out of water before calling 911. "I can guarantee you that if there's one last sip of water left, Evan will not be the one to drink it. He's going to make sure other people are OK," Amy said.

May 29, 2022 - 53 year old celebrity doctor and obstetrician Jay Goldberg died suddenly of a heart attack while on a hiking trail in Los Angeles Park ([click here](#)).

Celebrity doctor dies while hiking in Los Angeles park

By **Patrick Reilly**

June 4, 2022 | 1:13am | Updated



Doctor Jay Goldberg was found dead on Sunday by first responders inside Will Rogers State Park, Fox News reported.

Teddi Mellencamp and Other Stars Mourn OBGYN Jay Goldberg After He Dies at 53 While Hiking

Teddi Mellencamp, Betsy Brandt, Marcellus Wiley and more all took to social media to remember Jay Goldberg, an OBGYN who died suddenly while hiking in Los Angeles on May 29.

By EMLYN TRAVIS

JUN 04, 2022 3:57 PM TAGS

Real Housewives of Beverly Hills star **Teddi**

Mellencamp Arroyave, former athlete **Marcellus Wiley** and his family, radio host **Ellen K** and more are all mourning the loss of **Dr. Jay Goldberg**.

The OBGYN, who made an appearance on the *Real Housewives*, died of a heart attack while on a hiking trail on May 29, according to the Los Angeles County Medical Examiner-Coroner's Office. He was 53 and suffered from coronary artery disease and high cholesterol, which also contributed to his death, the records show. Goldberg was hiking Will Rogers State Historic Park in Pacific Palisades, Calif., **CBS News** reported, citing authorities.

In a [moving Instagram post](#), Mellencamp paid tribute to the late physician, who delivered her children—**Slate**, 9, **Cruz**, 8, and **Dove**, 2.

May 24, 2022 - 43 year old AFL personal trainer Jason Januszke had a cardiac arrest while running the Mount Lofty hiking trail. ([click here](#))

AFL players pay tribute after sudden death of respected trainer

f **Riley Morgan · Sports Reporter**

24 May 2022 · 2-min read



AFL personal trainer Jason Januszke (pictured middle) tragically died while on a run on a hiking trail, which has sparked an outpouring of tributes from AFL players. (Image: GoFundMe)

AFL stars Tom Jonas and Taylor Walker have paid their respects to personal trainer Jason Januszke after the 43-year-old suddenly died running Mt Lofty last week.

The popular personal trainer suffered a cardiac arrest last Friday when running the hiking trail.

'WICKED LIE': [Eddie McGuire's heated grand final debate with Caroline Wilson](#)

BOMBSHELL: [Retired AFL player Sam Fisher charged in drug trafficking sting](#)

Januszke leaves behind his wife, Jess, and two sons Tom, 6, and Jack, 4.

Four fully COVID-19 vaccinated Canadian doctors have died hiking or climbing:

 <p>Died: Sep 25, 2022 Dr. Eric Freedman Age: 64 Victoria, BC Urologist working in California Died suddenly while hiking</p>	 <p>Died: July 22, 2022 Dr. Richard Cartier Age: 60 Saint-Jerome, QC Palliative care physician Died descending K2 mountain</p>	 <p>Died: Sep 23, 2021 Dr. Jan Paleta Age: 57 Lake Country, BC Family physician Died while hiking</p>	 <p>Died: Jan 28, 2021 Dr. James Isaiah Tazzeo Age: 51 Orillia, ON Family physician Died while cross-country skiing</p>
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My Take...

Last year, while banned from Twitter for warning about mRNA jabs in kids, I wrote a post on Gettr about three Canadian hikers dying suddenly in the United States. ([click here](#))

Every COVID-19 Vaccinated person must re-evaluate their physical activities.

I believe cardio-intense activities such as marathons, swimming, cycling, running and hiking are far too dangerous for the COVID-19 vaccinated who have not had a full cardiac work-up in the US.

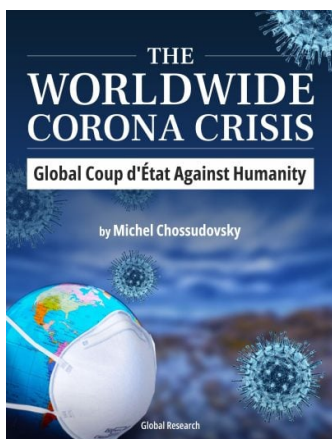
The risk of myocarditis post COVID-19 vaccination is about 1 in 30 and the risk of sudden cardiac death with these activities is simply much too high.

Look at these 24 deaths: paramedics, doctors, nurses, athletes and personal trainers. Even the fittest, most experienced hikers are dying suddenly.

*

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Dr. William Makis is a Canadian physician with expertise in Radiology, Oncology and Immunology. Governor General's Medal, University of Toronto Scholar. Author of 100+ peer-reviewed medical publications.



The Worldwide Corona Crisis, Global Coup d'Etat Against Humanity

by Michel Chossudovsky

Michel Chossudovsky reviews in detail how this insidious project “destroys people’s lives”. He provides a comprehensive analysis of everything you need to know about the “pandemic” — from the medical dimensions to the economic and social repercussions, political underpinnings, and mental and psychological impacts.

“My objective as an author is to inform people worldwide and refute the official narrative which has been used as a justification to destabilize the economic and social fabric of entire countries, followed by the imposition of the “deadly” COVID-19 “vaccine”. This crisis affects humanity in its entirety: almost 8 billion people. We stand in solidarity with our fellow human beings and our children worldwide. Truth is a powerful instrument.”

ISBN: 978-0-9879389-3-0, **Year:** 2022, PDF Ebook, **Pages:** 164, 15 Chapters

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