

COVID Jabs Have Erased 25 Years of Health Gains. Shocking Decline in US Life Expectancy

By [Dr. Joseph Mercola](#)

Global Research, January 03, 2023

[Mercola](#)

Region: [USA](#)

Theme: [Science and Medicine](#)

All Global Research articles can be read in 51 languages by activating the **Translate Website** button below the author's name.

To receive Global Research's Daily Newsletter (selected articles), [click here](#).

Follow us on [Instagram](#) and [Twitter](#) and subscribe to our [Telegram Channel](#). Feel free to repost and share widely Global Research articles.

Americans had lost nearly three years of life expectancy during 2020 and 2021. In 2019, the average life span of Americans of all ethnicities was 78.8 years. By the end of 2020, it had dropped to 77.0 years and by the end of 2021 it was 76.4

From 2020 to 2021, death rates increased for each age group 1 year and over. The age groups with the highest increases include working age adults, 25 to 54, and children under 4

The leading causes of death in 2021 were heart disease, cancer and COVID-19, all three of which were higher in 2021 than 2020. Unintentional injury and stroke also significantly increased in 2021

Heart disease, stroke and cancer are all now-known side effects of the COVID jabs. Unintentional injuries may also be due to the shots, as you may easily be injured if you pass out or suffer a heart attack or stroke while doing just about anything

If the COVID jabs worked, you'd expect excess mortality to drop, yet that's not what we're seeing. We're also not seeing mass death from COVID. The only clear factor that might account for these discrepancies is mass injection with an experimental gene transfer technology

*

In August 2022, provisional life expectancy estimates^{1,2} for 2021 were released, showing Americans had lost nearly three years of life expectancy during 2020 and 2021. In December 2022, the finalized mortality report³ confirmed these shocking data.

Shocking Decline in US Life Expectancy

In 2019, the average life span of Americans of all ethnicities was 78.8 years.⁴ By the end of 2020, it had dropped to 77.0 years⁵ and by the end of 2021, it was 76.4.⁶ As detailed in the U.S. Centers for Disease Control and Prevention’s finalized mortality report for 2021:⁷

“In 2021, life expectancy at birth was 76.4 years for the total U.S. population — a decrease of 0.6 year from 77.0 years in 2020 ... For males, life expectancy decreased 0.7 year from 74.2 in 2020 to 73.5 in 2021. For females, life expectancy decreased 0.6 year from 79.9 in 2020 to 79.3 in 2021 ... From 2020 to 2021, death rates increased for each age group 1 year and over ...”

As Virginia Commonwealth University professor of population health Dr. Steven Woolf told USA Today,⁸ “That means all the medical advances over the past quarter century have been erased.”

Life Expectancy Has Dropped Across All Age Groups

Age-specific rates of death increased across all age groups as follows:⁹

10.1% for age group 1–4 (from 22.7 deaths per 100,000 population in 2020 to 25.0 in 2021)	4.4% for 5–14 (13.7 to 14.3)
5.6% for 15–24 (84.2 to 88.9)	13.4% for 25–34 (159.5 to 180.8)
16.1% for 35–44 (248.0 to 287.9)	12.1% for 45–54 (473.5 to 531.0)
7.5% for 55–64 (1,038.9 to 1,117.1)	3.8% for 65–74 (2,072.3 to 2,151.3)
2.4% for 75–84 (4,997.0 to 5,119.4)	3.5% for 85 and over (15,210.9 to 15,743.3)

As you can see, something very strange is going on here. While life expectancy dropped across all age groups, the age groups with the highest increases in mortality were working age adults, 25 through 54, followed by children between the ages of 1 and 4.

What’s Killing Younger Americans?

The leading causes of death in 2021 were heart disease, cancer and COVID-19, all three of which were higher in 2021 than 2020.¹⁰ Unintentional injury and stroke also significantly increased in 2021.

Heart disease, stroke and cancer are all now-known side effects of the COVID jabs. Unintentional injuries may also be due to the shots, as you may easily be injured if you pass out or suffer a heart attack or stroke while doing just about anything.

Woolf, however, believes low COVID-19 jab rates and general poor health of Americans are to blame for the increased mortality. In addition to disregarding the fact that the primary causes of death are side effects of the COVID shots, working age adults and children are

also, comparatively speaking, the healthiest groups in general and ought to have a lower risk of death from any cause, but especially heart disease and cancer.

And, since they have a far lower risk of dying from COVID in the first place (compared to the elderly), a slightly lower COVID jab rate in this age group is unlikely to have made such a huge difference.

According to CDC data,¹¹ 84% of 25- to 49-year-olds got at least one dose and 71% is considered “fully ‘vaccinated.’” In the 50 to 64 year category, it’s 95% and 83% respectively. In the 65 and over category, 95% got at least one dose and 93% are “fully ‘vaccinated,’” so it’s not like there’s a major difference in jab rates.

‘Sudden Death Syndrome’ May Be Driving Down Life Expectancy

COVID-19 is an unlikely cause for the rapid decline in life expectancy for the simple fact that it’s not a major contributor to rising excess mortality. Excess mortality is a statistic that is related to but separate from life expectancy.

It refers to the difference between the observed numbers of deaths (from all causes) during a given time, compared to the expected number of deaths based on historical norms, such as the previous five-year average. (Formula: reported deaths minus expected deaths equals excess deaths.)

Across the world, excess mortality has dramatically risen since the start of the pandemic, and barely a day now goes by without a healthy adult suddenly dropping dead with no apparent cause. People have died during live broadcasts, in the middle of speeches and during dinner.

Clearly, they were feeling well enough to go to work, to an event or a restaurant, and something caused them to instantaneously die without warning. These are the people making up these excess death statistics. They shouldn’t be dead, yet something took them out.

Excess Deaths Took Off After the COVID Jab Rollout

While COVID-positive deaths were part of the equation in 2020, excess deaths really took off after the rollout of the COVID jabs, not during the height of the pandemic as one would expect if COVID-19 was the real killer.¹² Besides, we already know that “COVID-19 death” simply means that the person tested positive for SARS-CoV-2 at the time of death or just prior to it.

If the COVID jabs worked, you’d expect excess mortality to drop, yet that’s not what we’re seeing. We’re also not seeing mass death from COVID. The only clear factor that might account for these discrepancies is mass injection with an experimental gene transfer technology.

For the U.S., there were 3,440,546 deaths of all ages for the year 2020.¹³ The expected numbers were 3,028,959, so that was an excess of 13.6% (411,587 above expected). In 2021, there were 3,459,496 deaths of all ages, which was 16.4% above expectations. As of mid-April 2022, the excess death rate was already at 14.1%, with 1,041,538 reported deaths of all ages.

If the COVID jabs worked, you'd expect excess mortality to drop, yet that's not what we're seeing. We're also not seeing mass death from COVID. The only clear factor that might account for these discrepancies is mass injection with an experimental gene transfer technology.

More Working Age Adults Were Coerced Into Taking the Jab

[Life insurance data](#) confirm that it's working age adults who are dying in record numbers, which is what's really driving down life expectancy. In the third quarter of 2021, the death rate of working-age Americans (18 to 64) was 40% higher than prepandemic levels, and these deaths were, again, not attributed to COVID.

As noted by Dr. Robert Malone in a January 2022 Substack article,¹⁴ workers were forced to accept the toxic COVID jabs at a higher frequency relative to the general population. This, I believe, is the real answer to why they're dying at a disproportionate rate.

As for children under 4, well, toxins tend to be more dangerous to younger children, so it's no great shock that the death rate for children has risen more than the rate of older people. After all, we're now giving these toxic COVID jabs to babies as young as 6 months old.

Data Manipulation Hides Real Cause of Death

As mentioned, the leading causes of death in 2021 were heart disease, cancer and COVID-19. Data analysis by The Ethical Skeptic¹⁵ — self-described as a former intelligence officer and strategist — shows cancer deaths are now being mislabeled as COVID deaths. The suspicion is that this is an effort to hide the fact that the COVID shots have resulted in soaring cancer rates.

Seven of the 11 International Classification of Diseases (ICD) codes tracked by the U.S. National Center for Health Statistics — including cancer — saw sharp upticks starting in the first week of April 2021, which is when large swaths of the American population were getting their first COVID jabs.

According to The Ethical Skeptic's analysis of U.S. Morbidity and Mortality Weekly Report (MMWR) data, the CDC has been filtering and redesignating cancer deaths as COVID deaths since Week 14 of 2021 to eliminate the cancer signal.¹⁶

The following two charts illustrate how cancer mortality is being artificially suppressed. As explained by The Ethical Skeptic:^{17,18}

“The set dynamics are complex, but the principle is straightforward. When a death cert lists Cancer as the UCoD [underlying cause of death] and COVID as MCoD [main cause of death] — the UCoD & MCoD are being swapped, and COVID is being listed as the UCoD 100% (425/wk).

In the meantime, cancer is already one of the leading causes that is prematurely killing Americans, and uncontrollable turbo-charged cancers only started to occur after the rollout of the COVID jabs.²⁰

Former NIH Director Blames Christian Misinformation

Former National Institutes of Health director Dr. Francis Collins recently suggested misinformation spread by White Evangelical Christians are driving vaccine hesitancy, and that it's this religious "culture war" that is killing Americans.

Collins either has an agenda or is seriously confused, as statistics show whites in general had the highest COVID jab uptake rates when the jabs came out, and people who took it were far more likely to promote the jab than discourage it. As reported by the Kaiser Family Foundation:²¹

"... federal data from the Centers for Disease Control and Prevention (CDC) show that 78% of the total population in the United States have received at least one dose of a COVID-19 vaccine ...

Over the course of the vaccination rollout, Black and Hispanic people have been less likely than their White counterparts to receive a vaccine, but these disparities have narrowed over time and reversed for Hispanic people."

Christians in general also haven't been particularly "hesitant" about getting the jab. An investigation by the Public Religion Research Institute found²² 56% of white evangelical protestants got jabbed, as did 74% of White mainline protestants and 79% of white Catholics. For some reason, the jab rates among Black religious affiliations were not assessed, so we have no idea whether religion has influenced Blacks to reject the shot.

Bear in mind, the COVID jab rate for the U.S. as a whole (one dose or more) is 79%,²³ so Christians in general are about as average as you can get. Granted, evangelical protestants have a significantly lower rate, but is Collins suggesting white evangelicals are causing Blacks to reject the jab — because Blacks had, and still have, the lowest jab rates.²⁴

The Use of Scapegoats Is a Classic Prejudice Builder

As detailed in "[Vaccines Are the New 'Purity Test,'](#)" the Nazis used a four-step process for dehumanizing Jews,²⁵ — prejudice, scapegoating, discrimination and persecution. By scapegoating Jews as dirty and diseased, the German public was indoctrinated into agreeing with, or at least going along with, the Nazis' genocidal plan.

Over the past three years, we've seen how government officials have repeatedly tried to pin blame for the spread of COVID on one specific group or another. Fortunately, these narratives didn't stick in the long term, but they did do significant harm for a time.

Collins' attack on evangelical Christians is just the latest example of how they try to maintain control by seeding division among races, religious and political groups. The more we distrust and fear each other, the less we pay attention to the real criminals.

But, in order for this the division attempt to work, there must be a target, a scapegoat,

toward which people can direct their frustration. COVID-19 is now endemic and a rare threat to anyone. COVID narratives are simply being recycled to keep the fear of illness and distrust among people going.

It's important to realize, though, that [fear is the No. 1 destroyer of freedom](#). The greater your fear, the more you'll obey, and the more you obey, the more freedom you must give up. And freedoms relinquished are never voluntarily given back by those in power. People throughout the ages have always had to fight to regain freedoms lost.

*

Note to readers: Please click the share buttons above. Follow us on Instagram and Twitter and subscribe to our Telegram Channel. Feel free to repost and share widely Global Research articles.

Notes

^{1, 6} [CDC Provisional Life Expectancy Estimates for 2021, August 2022](#)

² [New York Times August 31, 2022 \(Archived\)](#)

^{3, 5, 7, 9} [CDC NCHS Data Brief December 2022](#)

⁴ [CDC Press release July 21, 2021](#)

^{8, 10} [USA Today December 22, 2022](#)

^{11, 23, 24} [USA Facts COVID Vaccine Tracker](#)

¹² [Our World in Data Excess Mortality During COVID Pandemic](#)

¹³ [US Mortality](#)

¹⁴ [Robert Malone Substack January 2, 2022](#)

¹⁵ [The Ethical Skeptic August 20, 2022, Part 1](#)

¹⁶ [Gettr The Ethical Skeptic July 16, 2022](#)

¹⁷ [Twitter The Ethical Skeptic October 2, 2022, Corrected chart](#)

¹⁸ [Twitter The Ethical Skeptic October 1, 2022](#)

¹⁹ [Twitter The Ethical Skeptic September 29, 2022](#)

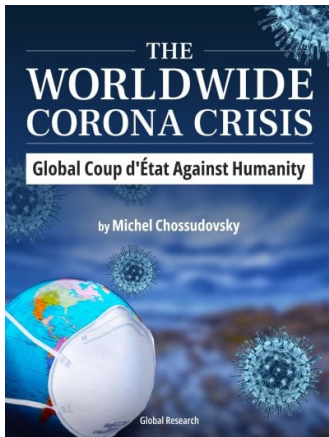
²⁰ [Steve Kirsch Substack February 5, 2022](#)

²¹ [KFF July 14, 2022](#)

²² [PRRI September 22, 2021](#)

²⁵ [BahaiTeachings Hitler's Four-Step Process for Dehumanizing the Jews](#)

Featured image is from Children's Health Defense



The Worldwide Corona Crisis, Global Coup d'Etat Against Humanity

by Michel Chossudovsky

Michel Chossudovsky reviews in detail how this insidious project “destroys people’s lives”. He provides a comprehensive analysis of everything you need to know about the “pandemic” — from the medical dimensions to the economic and social repercussions, political underpinnings, and mental and psychological impacts.

“My objective as an author is to inform people worldwide and refute the official narrative which has been used as a justification to destabilize the economic and social fabric of entire countries, followed by the imposition of the “deadly” COVID-19 “vaccine”. This crisis affects humanity in its entirety: almost 8 billion people. We stand in solidarity with our fellow human beings and our children worldwide. Truth is a powerful instrument.”

ISBN: 978-0-9879389-3-0, **Year:** 2022, PDF Ebook, **Pages:** 164, 15 Chapters

Price: ~~\$11.50~~ Get yours for **FREE!** [Click here to download.](#)

We encourage you to support the eBook project by making a donation through Global Research’s [DonorBox “Worldwide Corona Crisis” Campaign Page.](#)

The original source of this article is [Mercola](#)
Copyright © [Dr. Joseph Mercola](#), [Mercola](#), 2023

[Comment on Global Research Articles on our Facebook page](#)

[Become a Member of Global Research](#)

Articles by: **Dr. Joseph**
Mercola

Disclaimer: The contents of this article are of sole responsibility of the author(s). The Centre for Research on Globalization will not be responsible for any inaccurate or incorrect statement in this article. The Centre of Research on Globalization grants permission to cross-post Global Research articles on community internet sites as long the source and copyright are acknowledged together with a hyperlink to the original Global Research article. For publication of Global Research articles in print or other forms including commercial internet sites, contact: publications@globalresearch.ca

www.globalresearch.ca contains copyrighted material the use of which has not always been specifically authorized by the copyright owner. We are making such material available to our readers under the provisions of "fair use" in an effort to advance a better understanding of political, economic and social issues. The material on this site is distributed without profit to those who have expressed a prior interest in receiving it for research and educational purposes. If you wish to use copyrighted material for purposes other than "fair use" you must request permission from the copyright owner.

For media inquiries: publications@globalresearch.ca