

Don't Watch “The Attack on Food and Farmers” — Unless You Want Better Health, a Glimpse Into the Future of Food, and Real Food Security

Join this two-day online symposium, an entirely free event, with a fantastic lineup of speakers and topics!

By [Dr. Meryl Nass](#)

Global Research, August 28, 2024

Region: [USA](#)

Theme: [Biotechnology and GMO](#),
[Environment](#)

Is your food making you sick?

Suddenly, the fact that food is making us sick, really sick, has gained a lot of attention.

When Robert F. Kennedy, Jr. announced he would suspend his presidential campaign and campaign for President Trump on August 23, both he and Donald Trump spoke about the need to improve the food supply to regain America's health.

The same week, Tucker Carlson interviewed the sister-brother team of Casey and Calley Means, coauthors of the #1 New York Times bestseller [Good Energy: The Surprising Connection Between Metabolism and Limitless Health](#). Their thesis, borne out by thousands of medical research studies, is that food can make us very healthy or very sick. The grocery store choices many Americans have made have led us to unprecedented levels of diabetes, obesity and other metabolic and neurologic diseases that prematurely weaken and age us, our organs and our arteries.

There is a whole lot wrong with our available food.

- Chemical fertilizers have led to abusing the soil, and consequently soils became depleted of micronutrients. Unsurprisingly, foods grown in them are now lacking those nutrients.
- Pesticides and herbicides harm humans, as well as bugs and weeds.
- Some [experts](#) say we need to take supplements now because we can't get what we need from our foods anymore.
- We are practically living on overprocessed junk made of sugar, salt, wheat and seed oils.

And that is just the start. The problem could have been predicted. Food companies grew bigger and bigger, until they achieved virtual monopolies. In order to compete, they had to use the cheapest ingredients. When the few companies left standing banded together, we got industry capture of the agencies that regulated their businesses, turning regulation on its head.

Consolidation in the Meat Industry

Then the regulators issued rules that advantaged the big guys, and disadvantaged the small guys. But it was the small guys who were producing the highest quality food, in most cases. Most of them had to sell out and find something else to do. It simply became uneconomic to be a farmer.

The farmers and ranchers that were left often became the equivalent of serfs on their own land.

Did you know:

- ["Ninety-seven percent of the chicken Americans eat is produced by a farmer under contract with a big chicken company. These chicken farmers are the last independent link in an otherwise completely vertically integrated, company-owned supply chain."](#)
- [" Corporate consolidation is at the root of many of the structural ills of our food system. When corporations have the ability to dictate terms to farmers, farmers lose. Corporations place the burden of financial liability on farmers, dictate details of far."](#)
- [" Corporations also consolidate ownership of the other steps of the supply chain that farmers depend on — inputs, processing, distribution, and marketing — leaving farmers few options but to deal with an entity against which they have effectively no voice or bargaining power."](#)

When profitability determines which companies succeed and which fail, cutting corners is a necessity for American businesses—unless you have a niche food business, or are able to sell direct to consumers. This simple fact inevitably led to a race to the bottom for quality.

Look at the world's 5 largest food companies. Their sales are enormous, but should we really be consuming their products?

The World's Largest Food and Beverage Companies in 2022

Food Rank	Global 2000 Rank	Company	Country	Industry	Spec.
1	46	Nestle S.A.	Switzerland	Food, Drink & Tobacco	Food Processing
2	86	PepsiCo, Inc.	United States	Food, Drink & Tobacco	Beverages
3	93	Anheuser-Busch InBev SA	Belgium	Food, Drink & Tobacco	Beverages
4	114	Coca-Cola Co.	United States	Food, Drink & Tobacco	Beverages
5	222	Mondelez International	United States	Food, Drink & Tobacco	Food Processing
6	237	Archer-Daniels-Midland Company	United States	Food, Drink & Tobacco	Food Processing
7	287	Diageo plc	United Kingdom	Food, Drink & Tobacco	Beverages
8	292	Kweichow Moutai Co., Ltd. Class A	China	Food, Drink & Tobacco	Beverages
9	318	Tyson Foods, Inc. Class A	United States	Food, Drink & Tobacco	Food Processing
10	330	Danone SA	France	Food, Drink & Tobacco	Food Processing

World's 5 largest food companies make mostly junk foods with poor nutritional content

<https://www.forbes.com/sites/chloesorvino/2022/05/12/the-worlds-largest-food-companies-in-2022/>

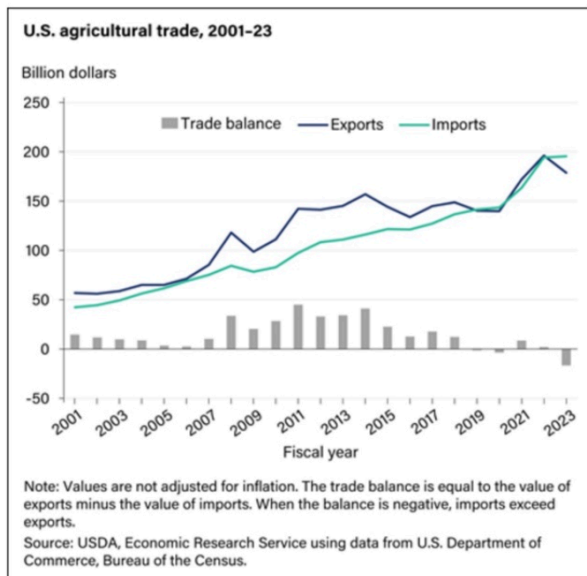
Perhaps the regulators could have avoided the debasement of the food supply. **But they didn't.**

And now it has become a truism that [Americans have the worst diet in the world.](#)

Could food shortages be looming?

If it seems like the US, blessed with abundant natural resources, could never suffer a food shortage, think again. Did you know that while the US is the world's largest food exporter, in 2023 the US **imported** more food than we **exported**?

U.S. agricultural import values outpaced export values in fiscal year 2023



The United States typically exports more agricultural goods by value than it imports, but the value of imports has grown more rapidly than exports over the past decade, contributing to a negative trade balance in some years. From fiscal years 2013 to 2023, U.S. agricultural exports expanded at a compound annual growth rate of 2.1 percent. During that same time, U.S. agricultural imports increased by 5.8 percent. The robust increase in U.S. demand for imports has been largely driven by the strong U.S. dollar and consumer preferences for year-round produce selections. The resulting agricultural trade balance was negative in 3 of the past 10 fiscal years.

<https://www.ers.usda.gov/data-products/ag-and-food-statistics-charting-the-essentials/agricultural-trade/>

Cows are under attack, allegedly because their belching methane contributes to climate change. Holland has said it must get rid of 30-50% of its cows. Ireland and Canada are also preparing to reduce the number of their cows, using the same justification.

In the US, the number of cows being raised has gradually lessened, so that now we have the same number of cows that were being raised in 1951—but the population has increased by 125% since then. We have more than double the people, but the same number of cows. What!? Much of our beef comes from Brazil.

Pigs and chickens are now mostly raised indoors. Their industries are already consolidated to the max. But cows and other ungulates graze for most of their life, and so the beef industry has been unable to be consolidated in the same way.

But consolidation is happening instead in the slaughterhouses, because you cannot process beef without a USDA inspector in a USDA-approved facility—and the number of these facilities has been dropping, as have the number of cows they can handle. Four companies now process over 80% of US beef. And that is how the ranchers are being squeezed.

Meanwhile, efforts are afoot to reduce available farmland for both planting crops and grazing animals. Bill Gates is now the #1 owner of US farmland, much of which lies fallow. Solar farms are covering land that used to grow crops—a practice recently [outlawed in Italy](#). Plans are afoot to impose new restrictions on how land that is under conservation easements can be used.

Brave New Food

That isn't all. The World Economic Forum, along with many governments and multinational agencies, wants to redesign our food supply. So-called plant-based meats, lab-grown meats, "synbio" products, insect protein and other totally new foods are to replace much of

the real meat people enjoy—potentially leading to even greater consolidation of food production. This would allow “rewilding” of grazing areas, allowing them to return to their natural state and, it is claimed, this would be kinder to the planet. But would it?

Much of the land used for grazing is unsuitable for growing crops or for other purposes. The manure of the animals grazing on it replenishes soil nutrients and contributes to the soil microbiome and plant growth. “Rewilding” may in fact lead to loss of what topsoil is there and desertification of many grazing areas.

Of course, transitioning the food supply to mostly foods coming from factories is a crazy idea, because how can you make a major change in what people eat and expect it to be good for them? What micronutrients are you missing? What will the new chemicals, or newly designed proteins, or even computer-designed DNA (that will inevitably be present in these novel foods) do to us over time? What will companies be feeding the insects they farm, when food production is governed by ever cheaper inputs?

It gets worse. Real food production, by gardeners and small farmers or homesteaders, is decentralized. It cannot be controlled. Until the last 150 years, almost everyone fed themselves from food they caught, gathered or grew.

But if food comes mainly from factories, access can be cut off. Supply chains can break down. You can be priced out of buying it. Or it could make you sick, and it might take years or generations before the source of the problem is identified. How long has it taken us to figure out that overprocessed foods are a slow poison?

There are some very big problems brewing in the food realm. Whether we like it or not, powerful forces are moving us into the Great Reset, threatening our diet in new ways, ways that most of us never dreamed of.

Identifying the Problems and Solutions

But we can get on top of what is happening, learn what we need to, and we can resist. That’s why [Door to Freedom](#) and [Children’s Health Defense](#) have unpacked all of these problems, and identified possible solutions.

During a jam-packed two-day online symposium, you will learn about all facets of the attack on food, and how to resist. This is an entirely free event, with a fantastic lineup of speakers and topics. Grab a pad and pencil, because you will definitely want to take notes!

The Attack on Food and Farmers, and How to Fight Back premieres on September 6 and 7. It will remain on our channels for later viewing and sharing as well. By the end of Day 2, you will know what actions to take, both in your own backyard, and in the halls of your legislatures to create a healthier, tastier, safer and more secure food supply.

See below for a summary and for the complete program.

Attack on Food and Farmers and How to Fight Back

Online **September 6 - 7, 2024**

(it will remain available on our channels)

11am-7 pm EDT / 8am-4pm PT / 3pm-11pm GMT

Presented by

CHD.TV

and

DOOR TO FREEDOM

live.childrenshealthdefense.org/chd-tv/events/attack-on-food-and-farmers-and-how-to-fight-back/

doortofreedom.org/the-attack-on-food-and-how-to-fight-back-symposium/



35 speakers featuring:



James Corbett



Meryl Nass MD - Host



Robert F. Kennedy Jr.



Catherine Austin Fitts



Stephanie Seneff



Patrick Wood



Joel Salatin



Rob Verkerk



Sherri Tenpenny DO

Day 1: How are our food and farmers being attacked?

- The long history of centralizing farming and the control of food
- The poisons in industrial farming
- Reducing available farmland
- Reducing available food
- How government regulation has been used against farmers
- New "foods" from labs and bugs
- One Health
- Geoengineering and the harmful use of weather modification

Day 2: Here are the solutions

- Understanding the problem:
The Big Picture
- A Native American solution to food sovereignty
- Gardening and farming tricks of the trade
- Changing the laws and incentives to support small farmers and produce quality foods
- Using food to heal ourselves

Watch at: Children's Health Defense live.childrenshealthdefense.org/chd-tv/events/attack-on-food-and-farmers-and-how-to-fight-back/ • Door to Freedom doortofreedom.org/the-attack-on-food-and-how-to-fight-back-symposium/ • Alliance for Natural Health www.anhinternational.org/anh-newsroom-food-and-farming-symposium/

Day 1

Introduction

11:00 ET

Opening remarks: Meryl Nass, M.D.

Session 1

The general attack on food and agriculture

- Catherine A Fitts Food: Freedom or Famine
 - Patrick Wood Food as a weapon against civilians is entering a new phase as One Health and genetic modification are in bloom
-

Session 2

The specifics of the attack on food

11:45 ET

A. *The long history of poisons in our food and what they do to harm us*

- Andre Leu, D.Sc. Regenerating Agriculture, From Degenerative Toxic Industrial Agriculture to Regenerative Nature-based Living Systems - Which system will we choose?
 - Zen Honeycutt, B.A. Food Supply Expose and What We Can Do To Be Healthy
 - Michael Baum, JD, BA A Win Against Roundup, followed by an audacious attempt to end pesticide/herbicide injury litigation
 - Don M. Huber, Ph.D. Glyphosate: A Betrayed Trust and It's Remediation
 - Stephanie Seneff, Ph.D. Glyphosate, the Ecosystem, and Climate Change
 - Jeffrey Smith Are GMOs and Roundup Causing YOUR Disease?
 - Jeffrey Smith Existential Threats from Gene Editing—Via Food, Environment, and the Microbiome
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2:45pm ET

B. *Industrial farming and human-scale farming*

- Breeauna Sagdal, BA Barriers to Market Access and Liquidity for Small Farms
 - John Klar, Esq. The Antidote to Industrial Agriculture is Below Our Feet
 - John Moody Dirt poor & badly bred – what happened to all the nutrition in our food supply?
-

3:25pm ET

C. Reducing available farmland

- Brook DeLorme Transmission lines and solar panels: breaking up farmland
 - Abby Rockefeller Sewage sludge is sewage sludge; it is not "biosolids"
-

3:55pm ET

D. Reducing available food/ producing of low quality food

- Brian Hooker, Ph.D. Avian Influenza (bird flu)
 - Sherri Tenpenny, D.O. Vaccines in our food
 - Tracy Thurman Abolishing the Amish Alternative - Because it Works
-

5:15pm ET

E. How government regulation has been used in the attack

- Margaret Byfield, E.D. Assault on Our Land & Liberty
 - Pete Kennedy, Esq. Regulatory Obstacles for Raw Milk and Local Meat: Efforts to Overcome Them
 - Sen. Frank Niceley How Industry Gets Rid of Good Legislators
 - Alexis Baden-Mayer The Farm Bill & the Plot to Replace Real Farms with Fake Food
-

6.45pm ET

F. Novel Foods: bugs and lab-grown foods, industrialization of the future food supply

- Robert Verkerk, Ph.D. Why regenerative agriculture, livestock and real meat are under attack
- Elze Van Hamelen, MA, MBA
Pharma Food – Biotech on Your Plate: The Next Chapter in Big Money's Battle to End Food Sovereignty

11:00am ET

G. Geoengineering

- Peter A. Kirby What geoengineering is
- J. Marvin Herndon, Ph.D. United Nations ENMOD treaty enables attack on food, agriculture, and life
- Ginny Silcox, AAS, BA, MA Electromagnetic weather control

Session 3

SOLUTIONS - How do we fix this?

12:10pm ET

- James Corbett The Future of Food is Ours to Decide
- Robert F. Kennedy, Jr. A New Farm Program for America

12:55pm ET

A. Growing food on the farm and in the garden - tricks of the trade

- John Day, MD Preparing Your Kitchen Garden
- Mark Fulford Un-Farming the Farmers - To clean up the food chain and environment.
- Sara Woods Kender Off-Grid Life: Independence, Resiliency, Health
- Joel Salatin The Perfect Patron

2:35pm ET

B. Farming Education and Food Sovereignty

- Leigh Merinoff, BFA, MFA Educating Kids About Farming
 - John Klar, Esq The Battle Over Food Education
 - Richard C Cook Food Sovereignty
 - Lt. Col. Tommy Waller Food Security is National Security
-

4:10pm ET

C. Changing the rules - Some Ways to Fight Back

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- Breeauna Sagdal, BA Solutions Provided Through The Beef Initiative
 - Judith McGeary, BS The Fight to Block Electronic Tracking of Our Animals

5:25pm ET

D. Healing with Food

- Mark McAfee Powerful Bioactives in raw milk
- Michelle Perro, MD Formula for Change: Unveiling the Truth and Necessity of Cleaning Up Infant Formula
- Meleni Aldridge, BSc Transform your food into powerful medicine

6:30pm ET

- Wrap-Up
- Actions the audience can take right now

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Dr. Meryl Nass is a National Merit Scholar. She has entered MIT before completing high school; BS Biology 1974, MD 1980, Board Certified in Internal Medicine 1986. She has practiced medicine for 41 years. Traveled to over 50 countries, has 2 children, single parent. She was the first person in the world to study an epidemic and show it was due to biological warfare.

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