

Animal Rights and The Vegan Revolution

By [Steve Jones](#)

Global Research, March 04, 2018

Theme: [Intelligence](#), [Poverty & Social Inequality](#)

*“Enough grain is squandered every day in raising American livestock for meat than to provide every human being on earth with two loaves of bread” —**John Robbins**, Author of *The Food Revolution**

The next step in progressive human evolution on Earth is a transition away from a largely meat-based diet to that of a primarily plant-based vegan diet.

There is absolutely no need to have to kill and slaughter billions of animals in order to meet our peak nutritional needs and requirements. Plants, nuts, grains, fruit, roots and other non-meat based products can easily and sufficiently meet to the core nutritional requirements of a healthy human lifestyle.

By switching to a largely vegan diet we can redirect the plant foods we grow to feed the billions of men, women and children on Earth who are needlessly starving to death in our world today for simple lack of food.

Currently, over 50% of the plant products that the world’s nations grow today (corn, wheat, soy, sorghum etc...) are used to feed and fatten up animals for meat consumption, particularly cattle, chickens and pigs. As such, it takes tremendous amounts of grains, water and energy to produce a pound of animal protein, when those resources should be re-directed into growing plant-based foods to feed people directly.

There is absolutely no need to grow, slaughter and consume animal flesh. The human species must learn to evolve beyond the perceived need to kill and consume other mammalian life forms in order to survive. There is more than enough plant-based food grown on the planet today to properly feed every single human being on Earth. It is truly a crime against humanity to witness the greatest holocaust of human life to occur when so much abundance of food exists. Every year, more than 40 million innocent men, women and children perish on this planet (that’s over 6 Jewish holocausts annually) from hunger, starvation, disease and malnutrition. Such levels of needless suffering and death are completely unnecessary in a world filled with such abundance of plant-based food. Truly, it is time to evolve to a new level of collective consciousness in our culture that learns to feed and care for the lives of our fellow human beings rather than fatten up cows, chickens and pigs for profit and for meat consumption. Its time to completely TERMINATE the beef, poultry, dairy and hog industries currently operating on our planet.

As of 2018, the meat and dairy industries of the world are responsible for over 50% of all the CO2 and methane emissions on our planet. This figure is 3 times than that of all the car, train, bus, airplane and other transportation emissions being discharged into our atmosphere from direct fossil fuel consumption. The meat and dairy industries consume tremendous amounts of grain, water, energy and land in order to produce meat-based

products. In fact, one of the prime causes of world deforestation today is the clearing of rainforest lands to grow plant based products used to feed animals, particularly cattle. When forests disappear, we lose the carbon sequestration function of forests which naturally clean and purify our air of excess carbon emissions. As such, meat consumption is one of the prime causes of global climate change. Shifting to a plant-based vegan lifestyle will save our forests, redirect food towards human consumption and help mitigate the threat of global warming. Eliminating a meat-based diet will save billions of gallons of precious (and growingly scarce) water resources, free up millions of acres of land to feed people rather than to fatten up animals and will help to drastically reduce our energy and carbon footprint.

The shift to a vegan diet will eliminate the tremendous energy, transportation, refrigeration, agricultural, water, land and environmental costs of providing an unsustainable and unhealthy meat-based diet to the peoples and nations of the world.

In the area of consciousness and health, a plant-based diet will help transit our civilization away from aggression and war-fighting and will drastically improve our physical, mental, emotional and spiritual health and well-being. A lighter, cleaner, more lean and more intelligent vegan diet will end the threat of global climate change, end the scourge of world hunger and starvation and preserve and protect our global environment. Instead of feeding animals to slaughter and consume for profit, we will learn to feed and sustain people first, as well as cultivate the value of conserving our environmental resource base for our children and for all future generations to come.

The transition from a meat to a vegan diet is the next critical evolutionary step necessary for the human species to make. Meat eating and the mass slaughtering of animals must become a thing of the past. Its time to evolve into a mature, advanced, enlightened, intelligent and sustainable world civilization. A plant-based vegan diet will do the most to ensure that humanity will survive and prosper well into the 21st century and beyond.

*

This article was originally published on [Jonas the Prophet](#).

Featured image is from the author.

The original source of this article is Global Research
Copyright © [Steve Jones](#), Global Research, 2018

[Comment on Global Research Articles on our Facebook page](#)

[Become a Member of Global Research](#)

Articles by: [Steve Jones](#)

Disclaimer: The contents of this article are of sole responsibility of the author(s). The Centre for Research on Globalization will not be responsible for any inaccurate or incorrect statement in this article. The Centre of Research on Globalization grants permission to cross-post Global Research articles on community internet sites as long the source and copyright are acknowledged together with a hyperlink to the original Global Research article. For publication of Global Research articles in

print or other forms including commercial internet sites, contact: publications@globalresearch.ca

www.globalresearch.ca contains copyrighted material the use of which has not always been specifically authorized by the copyright owner. We are making such material available to our readers under the provisions of "fair use" in an effort to advance a better understanding of political, economic and social issues. The material on this site is distributed without profit to those who have expressed a prior interest in receiving it for research and educational purposes. If you wish to use copyrighted material for purposes other than "fair use" you must request permission from the copyright owner.

For media inquiries: publications@globalresearch.ca